"Best Yoga Centers/Studios in Barcelona"

Erstellt von : **Cityseeker**

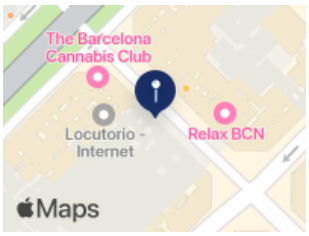
2 Vorgemerkte Orte

by "Hernan Irastorza"

Yogaroom

"Yoga for All"

Located in the heart of the city, Yogaroom is one of the city's leading studios offering experienced instructors and a tranquil space to practice. Vinyasa yoga is the discipline of choice at the center, with a diverse array of classes for beginners as well as experienced practitioners. The center is especially popular for offering classes for kids as well. Yogis looking to move to the next level will benefit from the numerous workshops as well as teacher training courses held at the studio. Check website for more.



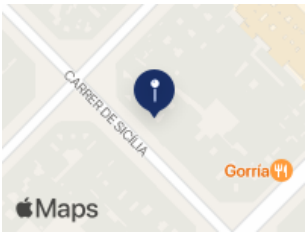
+34 93 106 6355 | yogaroom-bcn.com/ | info@yogaroom-bcn.com | Calle Casanova 27 2-2, Barcelona

by adifansnet

Shunia Yoga

"Yoga for the Mind"

A focus on spiritual awareness, combined with physical and mental wellness make Shunia Yoga, one of Eixample's most popular yoga studios. The center offers Kundalini Yoga, a discipline that places emphasis on simple movements, breathing techniques and meditation; ideal for beginners as well as experienced practitioners. Besides their daily schedule of classes, the center regularly hosts bhajans and other spiritual concerts. Clean lines and soothing lighting characterize the expansive studio, creating a tranquil atmosphere to calm your mind. Check website for more.



+34 93 265 8926 | www.shuniayoga.com/ | info@shuniayoga.com | Carrer de Sicilia BIS 236, Barcelona

Schließen Sie sich uns an bei:

cityseeker.com

Allgemeine Geschäftsbedingungen | DATENSCHUTZBESTIMMUNG | API | KONTAKT | Urheberrecht (COPYRIGHT) 2023 CITYSEEKER