

"Best Spas in Montreal"

Created by: Cityseeker

📍 5 Locations Bookmarked

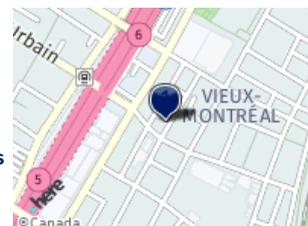


📷 by nnoeki ©

Rainspa

"For Complete Relaxation"

Head down to Rainspa to get rid of all your body aches and tensions. The ambiance is soothing thanks to the interiors done in light aqua colors. This modern spa offers an array of therapies including facials, massotherapy, aesthetics, detoxifying body wraps and even a slimming program. It blends ancient techniques with the latest technology and products for customer needs. It also has a Hammam which is the traditional Middle Eastern Bath in warm, fragrant waters. Call ahead to know more.



📞 +1 514 282 2727

🌐 www.rainspa.ca/

✉ info@rainspa.ca

📍 55 rue Saint-Jacques, Montreal QC

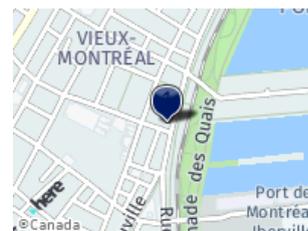


📷 by nnoeki ©

Scandinave Spa Vieux-Montréal

"Scandinavian Tricks For Rejuvenation"

Scandinave Spa Vieux-Montréal uses traditions from Scandinavia for skin rejuvenation. Come here and spend a day just relaxing and heal in the soothing waters. Discover the peace in nothingness by clearing your mind of all the tensions and worries. After a week of hard work, you deserve a few hours of tranquility at this unique spa which provides skin treatments and massages, all centered around water. If you are a visitor in this city, take a break from your sightseeing schedule and spend sometime at the Scandinave Spa Vieux-Montréal for an unforgettable experience.



📞 +1 514 288 2009

📍 71 Rue de la Commune Ouest, Montreal QC

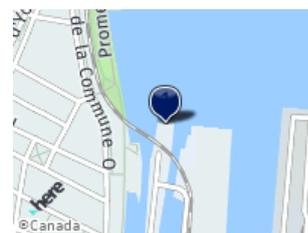


📷 by Jeangagnon ©

Bota Bota Spa-sur-l'eau

"Unwind and Relax"

Unwind at the Bota Bota Spa, a real treat for your senses. Interestingly located on a boat on the St. Lawrence river, the spa couples the energizing effect of the herbs and creams with pure air and soothing rhythm of the river. Along with invigorating spas, it also offers sauna, whirlpools and steam massages. The boat has a terrace as well as a dining area. Book a session to give yourself a chance to experience sheer bliss.



📞 +1 514 284 0333

🌐 www.botabota.ca/

✉ info@botabota.ca

📍 358 rue de la Commune Ouest, Quais du Vieux-Port de Montréal, Montreal QC

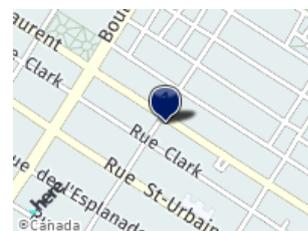


📷 by nnoeki ©

Espace Nomad

"Head-to-toe Pampering"

Espace Nomad promises a rejuvenating retreat away from the city bustle. The spa has all kinds of traditional massages ranging from Swedish and hot stone massages to deep tissue massages. Standard prenatal massages and head massages can also be availed of here. It runs membership programs for locals who wish to experience its tranquil atmosphere and quality services. Remedial treatments like acupuncture, reflexology, and reiki are also offered by Espace. Additionally, it features



an online store which offers natural organic products.

+1 514 842 7279

www.espacenomad.ca/

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4660 Saint-Laurent
Boulevard, Montreal QC

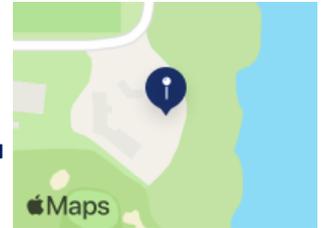


by nnoeki

Strom Nordic Spa

"Spa Oasis"

Strom Nordic Spa is a full-service spa that includes massage, treatments and packages. The spa is based on the concept of alternating hot and cold cycles, followed by a period of full-body relaxation. Thermal therapy is available throughout the year, regardless of the weather. Massage treatments include stone therapy, shiatsu, prenatal and the popular Swedish options. Massages are either 60 or 90 minutes in length. A menu of treatments are also available. Strom Nordic Spa also offers a bistro on site, which serves soups, sandwiches, salads, fresh fruits and fresh vegetables.



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