

"Best Vegetarian/Vegan Restaurants in Toronto"

Created by: Cityseeker

📍 5 Locations Bookmarked



📷 by Steven Depolo ©

Fresh on Bloor

"Fresh and Flavorful"

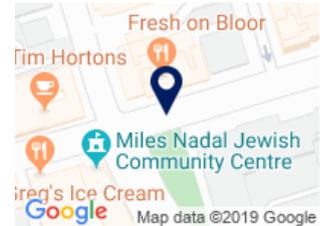
For a fun and modern take on healthy eating, Fresh offers a vegetarian menu packed with flavor. With brown, lime green and orange wallpaper patterns lined throughout, a fun and warm vibe carries throughout this eatery. There's nothing bland about the ingredients that go into the zen-like named dishes, such as their fresh rice bowls (Energy, Buddha and Green Goddess). Salads, burgers and wraps will also fill you up. Don't forget to wash the goodness down with a drink from their juice bar. From a selection of Fruit Smoothies to Organic Essos to Wheatgrass Shots, you're guaranteed to find a zestful pick-me-up to sustain the rest of your day.

☎ +1 416 531 2635

🌐 freshrestaurants.ca/pages/contact-and-reservations

✉ info@freshrestaurants.ca

📍 326 Bloor Street West, Toronto ON



📷 by Public Domain ©

Live Organic Food Bar

"Raw Food Comes Alive"

Located in a brightly lit space is Live, Toronto's only raw food vegetarian restaurant. While skeptics may be leery of a restaurant without a stove or the complete lack of animal products on the menu, the near overnight expansion from 4 to 30 seats shows how locals have embraced the newest food trend. Voracious foodies will revel in the vast and flavorful selection of Live's seasonal rotation of appetizers and entrees that include mandolined zucchini, cashews, basil, pesto, sun-dried tomato tapenade and more. Or try the desserts including pecan pie and fruit crumbles. Come to sit back relax and LIVE it up.

☎ +1 416 515 2002

🌐 www.livefoodbar.com/

✉ info@livefoodbar.com

📍 264 Dupont Street, Toronto ON



📷 by spinster cardigan ©

Urban Herbivore

"Fast Food the Vegan Way"

Urban Herbivore is one of the busiest vegan restaurants in the city. Offering a small but beloved selection of healthy but fast food is what they are known for. Choose from a grain bowl, sandwich or salad and add your preferred veggies and dressing into the mix. Everything is made fresh right in front of your eyes so you know exactly what you are getting, and different vegetable choices are offered up every day so the selection never gets boring. Be warned, if you show up wearing any leather or fur you will be turned away - so come wearing your most animal-friendly outfit.

☎ +1 416 927 1231

🌐 herbivore.to/

📍 64 Oxford Street, Toronto ON



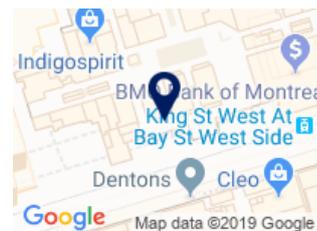


by Public Domain

Kupfert & Kim

"Health Food At It's Best"

Kupfert & Kim is haven for all those vegetarians and vegans who struggle to find a place suiting their food needs that isn't salad. Their menu consists of dishes such as granola, quinoa and oats, as well as take-out rice boxes such as First Canadian, Kim and Oaxaca that consist of ingredients such as kale, guacamole, almonds, cranberries and organic apple; and are packed with flavors. Their desserts are just as interesting and satisfy one's sweet tooth while being fairly healthy at the same time. Coffees and beverages are also available.



+1 416 504 1233

www.kupfertandkim.com/

info@kupfertandkim.com

100 King Street West,
Toronto ON

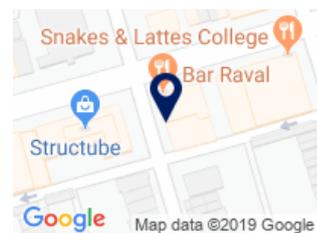


by HarshLight from San Jose, CA, USA

Woodlot

"A Rustic Gourmet Exoerience"

Woodlot is a gourmet restaurant that really focuses on the quality of the food served and cooking it in the wood oven, with most of their offerings being fresh and handmade. A variety of breads such as cinnamon raisin, multigrain, rye and sourdough are baked here, in addition to having an a la carte menu that consists of caramelized onion soup, oysters, rainbow trout, iron steak, polenta fries. Vegetarians have plenty to choose from, from their vegetarian menu, while those with a sweet tooth will be transfixed with their roasted chestnut and honey semifreddo. The ambiance within the restaurant is intimate, with the rustic decor complementing the food perfectly.



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