

## "Best Bath Houses in Toronto"

Created by: Cityseeker

 4 Locations Bookmarked



 by Zenspa1 

### Miraj Hammam Spa By Caudalle Paris

"Luxurious Treatments"

Escape to a world of indulgence at the Miraj Hammam Spa By Caudalle Paris, located within the plush confines of the Shangri-La Hotel Toronto. The spa's opulent interiors, taking design inspiration from Paris, Morocco and Istanbul, are a sight to behold. Therapies centered around wine are a specialty here and include treatments like Crushed Cabernet Scrub and Vinoperfect Facial Treatment among others. The treatments on offer are a good mix of time-tested traditional therapies as well as modern ones. From hammam treatments and massages to facials and skin rituals, the spa menu has something for everyone. There's also an array of grooming services on offer. Enhance the experience with one of their signature packages.



 +1 647 253 5770

 [www.mirajcaudaliespa.com/](http://www.mirajcaudaliespa.com/)

 [info@mirajcaudaliespa.com](mailto:info@mirajcaudaliespa.com)

 188 University Avenue, Fifth Floor, Shangri-La Hotel Toronto, Toronto ON



 by Unique Hotels Group 

### Body Blitz Spa

"Health by Water"

Exclusively for women: cleanse and detoxify yourself from the inside out, in style! The only spa of its kind in Canada, Body Blitz combines the European bath-house concept with Asian body scrubs and mud applications. Every treatment starts with the Therapeutic Waters, which entail a circuit of the Warm Dead Sea Salt Pool, Aromatherapy Steam Room, Cold Plunging Pool, Infrared Sauna, and Hot Green Tea Pool. Then indulge in one of their signature body scrubs, mud bakes, or massages. Thirsty? Stay energized by enjoying one of their natural juice or tea concoctions. Leave after your treatment feeling truly "blitzed"!



 +1 416 364 0400

 [www.bodyblitzspa.com/](http://www.bodyblitzspa.com/)

 [info@bodyblitzspa.com](mailto:info@bodyblitzspa.com)

 471 Adelaide Street West, Toronto ON



 by Public Domain 

### Hammam Spa

"Caress Your Senses"

Take a trip back in time to Hammam Spa. Here you will experience the traditions of old world springs from Europe combined with the luxuries of today's spa services. Located in a trendy downtown area, Hammam is a co-ed full service spa. Their Hammam Signature Body Treatment involves relaxing in the oil infused steam room, enjoying a body scrub, and finishing off with a signature massage treatment. Manicures, pedicures, and standard spa treatments also available. Treat your mind, body, and soul to a replenishing experience.



 +1 416 366 4772

 [www.hammamspa.ca](http://www.hammamspa.ca)

 [info@hammamspa.ca](mailto:info@hammamspa.ca)

 602 King Street West, Toronto ON

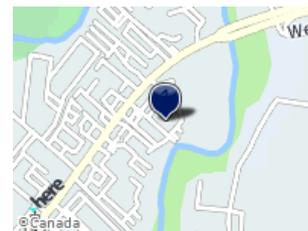


by Unique Hotels Group

## South-Western Bathhouse

### "Sauna, the Russian Style"

Want to indulge in a good therapy whilst enjoying over food and drinks? Well, your search ends here. The South-Western Bathhouse at Dundas Street East in Mississauga is a Russian style sauna, or Banya, where you can unwind after a long day of work. Staying true to the Russian culture, they have built a steam room, that is quintessential to a Banya, which offers natural heat of 60° Celsius with 60% humidity. Apart from this, the little spa has a lot of facilities like a Turkish hamam, a Finnish Sauna and a tea room, where at the end all all the treatments, you can relax to have some authentic Russian dishes or unique-flavored teas. To know more, please have a look at their website.



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