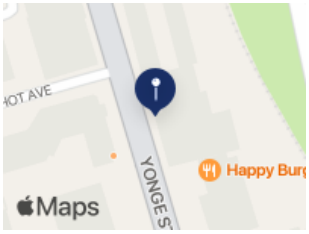
"Best Yoga Centers/Studios in Toronto"

Created By:: Cityseeker

3 Locations Bookmarked

by Mr. Yoga

889 Yoga And Wellness Spa



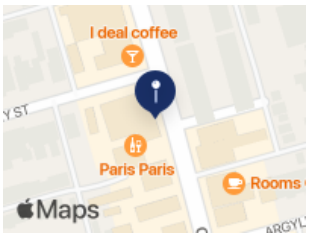
"Yoga & Wellness"

Yoga, the ancient Indian discipline for fitness, seems to be taking the world by storm. And this hasn't left the locals of Toronto behind either. With the gorgeous 889 Yoga at their disposal, more fitness enthusiasts seem to be depending on Yoga for their fitness regimen. Located at Yonge Street, the upscale Yoga and wellness studio lies towards the north of downtown Toronto. Enroll here, for some fitness programs and workshops to get into a better shape of body and mind. A wellness spa on board ensures that after a staunch workout, you can relax your tired nerves by availing services like body massages and facials. See website for details.

+1 416 925 7206 | www.889yonge.com/ | concierge@889yoga.com | 889 Yonge Street, Toronto ON

by nnoeki

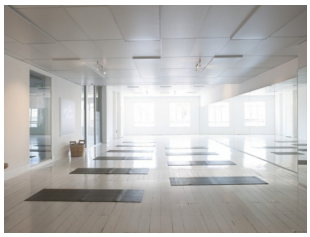
Yogaspace



"Ultimate Yoga"

A stressful lifestyle can only be managed by staying fit, and what can be more enchanting than practicing some Yoga? At Yogaspace, you get to do, just that. Located at Ossington Avenue, it lies amidst four major neighborhoods of Toronto. Witnessing a huge clientele from across the city, Yogascpace is know for its varied programs and highly skilled trainers. Home to regular workshops, classes and events, you can be sure that your fitness goals are addressed well at Yogaspace.

+1 416 516 9940 | www.yogaspace.net/ | contact@yogaspace.net | 148 Ossington Avenue, Toronto ON



by AndiP

Octopus Garden Yoga Centre

"Fitness for Mind And Body"

A contemporary center for Yoga, Octopus Garden is located at College Street, in the Dufferin Grove neighborhood. Offering a range of programs, workshops and classes related to the ancient Indian fitness discipline, this center sees a huge clientele coming in from the surrounding areas. With skilled professionals on their panel, you are sure to enjoy all exercises that will keep you fit physically, mentally and spiritually. To enroll for any of their programs, or to know the membership fees, please take a look at their website, for there are special training modules for different ages and fitness levels.

+1 416 515 8885 | www.octopusgarden.yoga/ | info@octopusgardenyoga.com | 967 College Street, Toronto ON

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