

"Best Spas in Cape Town"

Created by: Cityseeker

📍 6 Locations Bookmarked

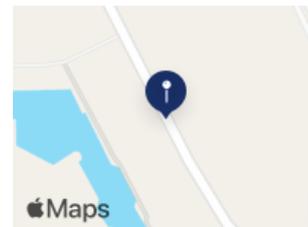


📷 by TesaPhotography ©

Spa at Cape Grace

"African Therapy"

Get a room at the Cape Grace, and avail of the numerous benefits that come along with your stay, particularly the entry into the spa of the hotel. Situated on the topmost floor of the building, this spa enables panoramic views of the Table Mountain, the city and the marina. The interiors reflect strong South African influences, but it doesn't stop there. Cape Grace has also made use of local time honored remedies to treat ailments. Treat yourself to luxurious packages like the Morning Mist or the Dusk Settles during your stay, and go home revitalized.



📞 +27 2 1410 7100

🌐 www.capegrace.com/blog/tag/spa/

✉ spa@capegrace.com

📍 West Quay Road, The Cape Grace, Cape Town



📷 by TesaPhotography ©

One&Only Spa

"Wellness Treatments"

The One&Only Spa is a part of the One&Only Cape Town Luxury Resort along the Waterfront in Cape Town in South Africa. A unit of the hotel is designated to the spa facilities. The spa, belonging to an international chain, offers patrons a lengthy list of services ranging from massage therapies to treatments. Rewind, Restore and Elevate Signature Experiences are the most popular treatments from the spa menu. While Ice Crusher Fountain, Vitality Pools and Experience Showers are just some of the features of the spa. Guests find the combination between the modern décor of the saunas and the simple and clean arrangements of the spa as conducive to their rejuvenation.



📞 +27 21 431 5810

🌐 www.oneandonlyresorts.com/cape-town/experiences/spa

✉ spa.reservations@oneandonlycapetown.com

📍 Dock Road, Cape Town

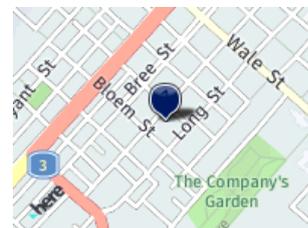


📷 by nnoeki ©

Cayenne Spa

"On Cloud Nine"

The Cayenne Spa is a part of the Pepperclub Hotel and Spa in Cape Town in South Africa. A whole floor of the hotel is allocated to the spa facilities. The spa offers patrons a long menu with items ranging from facials to wellness wraps and body massages. The spa also has a signature African Itonga Stick Treatment. Guests can make use of its services by themselves or share the relaxing experience with other members of their family.

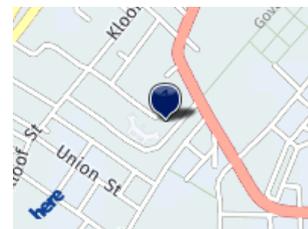


📞 +27 21 812 8812

🌐 www.pepperclub.co.za/cayenne-spa/

✉ spamanager@pepperclub.co.za

📍 Loop Street & Pepper Street, Cape Town



Librisa Spa

"Relax in the Gardens"

The Librisa Spa can be found at the Belmond Nelson Hotel in the central part of Cape Town, South Africa. A unit of the hotel is assigned to the spa facilities. The spa is concerned with the well being of its patrons, resorting to a variety of face, body and wellness treatments. The methods focus on skincare techniques and the spa is known for its famous Finnish sauna. The spa is careful of every detail from the collection of herbal teas to the supervised crèche for children.

+27 21 483 1550

www.belmond.com/hotels/africa/south-africa/cape-town/belmond-mount-nelson-hotel/

librisa.mnh@belmond.com

76 Orange Street, Cape Town

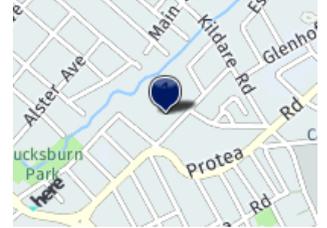


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Angsana Spa

"Tranquil Treatments"

The Angsana Spa is a part of the Vineyard Hotel in the Newlands of Cape Town in South Africa. A section of the hotel is assigned to the spa facilities. The spa, also a part of an international chain, offers patrons a whole menu with items ranging from facials to calming baths and body massages. Head to one of the spa rooms, and enjoy specialized treatments for men and women. They also have a Rainmist room as well as a separate room for couples.



+27 21 674 5005

www.angsanaspa.com/

spa-vineyardcapetown@angsana.com

Colinton Road (off Protea Road), Vineyard Hotel, Newlands, Cape Town

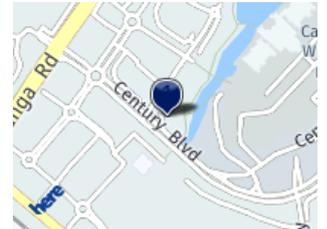


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Life Day Spa

"A Fine Spa"

The Life Day Spa is an integral part of the African Pride Crystal Towers Hotel and Spa in Century City. A section of the uber chic hotel is assigned to the spa facilities. The spa, adept at winning awards, offers patrons a varied menu with items like facials, body treatments and DNA testing. Visitors can opt to spend a couple of days in a lazy relaxation, by the pool or at the spa, as they make their way to an all-round sense of well-being.



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lifedayspa.co.za/life-day-spa-cape-town/

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Corner of Century Boulevard and Rialto Road, Cape Town

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