

## "Best Breakfast & Brunch in Adelaide"

Created by: Cityseeker

 7 Locations Bookmarked

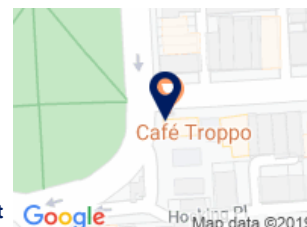



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### Café Troppo

"Healthy & Sustainable"

Café Troppo keeps sustainability as its mantra and serves highly natural and seasonal dishes. It ticks all the boxes: it is housed in an eco-friendly building, uses only organic and fair-trade products, sources biodynamic milk and single-origin coffees, and recycles waste. Besides, this restaurant also goes the extra mile to ingrain sustainability even in the smallest of its actions. There are separate menus for breakfast, lunch, weekend meals and seasonal tapas. Popular dishes include Patatas Bravas, Roast Beetroot with Goat Cheese, Coconut Rice Porridge, and Sourdough Fruit and Nut Toast. Also sample beverages like Kimberley Moon White Rum and Rainwater Mint Tea. This place takes catering orders and has a private room for parties.



 +61 8 8211 8812

 [cafetroppoadelaide.com/](http://cafetroppoadelaide.com/)

 [cafe@cafe.troppo.com.au](mailto:cafe@cafe.troppo.com.au)

 42 Whitmore Square, Adelaide SA


### East Terrace Continental

"Flavors of the Mediterranean"

Set in a buzzing space with wooden tables and floors, large windows that allow natural light to fill up the interiors and an industrial-style decor, the East Terrace Cafe is a favorite of locals and tourists alike. Boasting of a menu that focuses mainly on dishes from the Mediterranean, the restaurant can quickly make you forget you are in Adelaide. If you are wondering what to order, call for dishes like Banana Pancakes, House Made Bircher and Fanned Avocado. Complement the food with freshly pressed juices, coffees and teas. A separate section on the menu also caters exclusively to children. If you are in the mood for a light meal or wish to dig into breakfast delicacies at any time of the day, then East Terrace Cafe is where you should be headed.

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 +61 8 8359 2255

 [etccafe.com.au/](http://etccafe.com.au/)

 [catering@etccafe.com.au](mailto:catering@etccafe.com.au)

 6 East Terrace, Adelaide SA

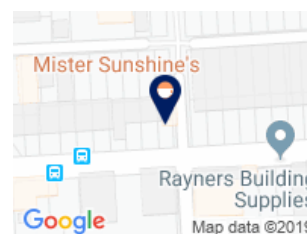



 by Alpha from Melbourne, Australia 


### Mister Sunshine's

"Sunny Garden Café"

Mister Sunshine's is just as its name suggests: a breakfast joint with a sunny garden spot. A favorite for alfresco dining, its garden features bright yellow umbrellas, leafy palms and plenty of white chairs. The menu lists a selection of ethically-traded coffees, fresh fruit juices, smoothies and milkshakes. You can also enjoy Organic Peppermint or Assam Tea and Citrus Spritzer. Relish Smashed Pumpkin, Halloumi Burger, House Beans with Chorizo or Minced Mushrooms to go along with the beverages. This eatery also serves a few gluten-free, vegan and vegetarian options.



 +61 8 8443 5125

 32 George Street, Thebarton, Adelaide SA

## Pickle in the Middle

### "For The Healthy Eaters"

If you want to feast on a delicious meal without putting on the calories or compromising on your diet, then head to Pickle in the Middle for a meal that is plant-based, healthy and decadent. From classic dishes like Poached Egg on Toast to House Made Coconut Yoghurt, the restaurant has something in store for everyone. Besides this, one can also find granola bowls, salads, sandwiches and hot and cold brews. Guests also have the option to call for alcoholic drinks from carefully curated menu of beers, wines and cocktails. If you are in the mood for a fresh, organic meal, then head to Pickle in the Middle and get ready for your taste buds to be tantalized.

 by Public Domain 

 +61 8 8172 1083

 [pickleinthemiddle.com.au/](http://pickleinthemiddle.com.au/)

 [hello@pickleinthemiddle.com.au](mailto:hello@pickleinthemiddle.com.au)

 134 Unley Road, Unley, Adelaide SA



## The Loose Caboose

### "Heritage Railway Station Café"

Built in 1856, Bowden Railway Station is a famous heritage site and one of Australia's oldest railway stations. The Loose Caboose is a charming breakfast spot and café situated within this heritage-listed building and retains the magical ambiance of the days gone by. The interiors feature plenty of vintage elements but the Eucalyptus-lined garden is the best spot to dine during summer months. It is popular for all-day breakfast and brunch, especially for items like Shakshuka Baked Eggs, Stewed Apple Porridge, Buttermilk Hotcake and Toasted Spiced Fruit Sourdough. With milk sourced from local dairy farms and high-quality beans procured from various traders, the coffee served here is a favorite with connoisseurs.

 +61 8 8340 0809

 [www.theloosecaboose.com.au/](http://www.theloosecaboose.com.au/)

 [info@theloosecaboose.com.au](mailto:info@theloosecaboose.com.au)

 21 First Street, Hindmarsh, Adelaide SA




## The Pantry on Egmont

### "Breakfast, Coffee & More"

Hidden in the suburbs of Hawthorne is a little cafe, The Pantry on Egmont. This place is mostly visited by young crowd. The staff is quick and attentive towards the customers. The brunch menu is flexible where you can select the side of your choice. There is an outside seating as well so you can enjoy your coffee with a view of the street. Every sip of coffee and bite of food in this place reflects quality. Take away option is also available for those who are in a hurry. If you are having a private dinner party you can hire the pantry and be assured mouthwatering dishes will be served.

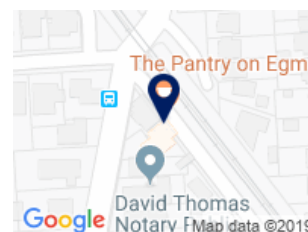
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 +61 8 8271 4409

 [www.thepantry.net.au/](http://www.thepantry.net.au/)

 [mc@thepantry.net.au](mailto:mc@thepantry.net.au)

 2 Egmont Terrace, Hawthorn, Adelaide SA




## Coffee Barun

### "Rare & Exotic Coffee"

Coffee Barun is a roastery, coffeehouse and breakfast restaurant in Sefton Park. Its menu features an eclectic coffee selection, right from naturally-processed Ethiopian coffee to honey-processed coffee from Costa Rica. You can also enjoy Belgian hot chocolate or flat white espresso along with food items like Spanish omelette and eggs Florentine. The in-house shop sells a variety of blends from Rwanda, Colombia, India, Guatemala and even Geisha beans from Panama. No wonder, this coffee shop is a favorite with connoisseurs in North Adelaide.

 by Public Domain 

 +61 8 8342 2428

 [info@thecoffeebarun.com](mailto:info@thecoffeebarun.com)

 219 Main North Road, Sefton Park, Adelaide SA



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