

"Best Health/Organic Food Restaurants in Edmonton"

Created by: Cityseeker

📍 5 Locations Bookmarked

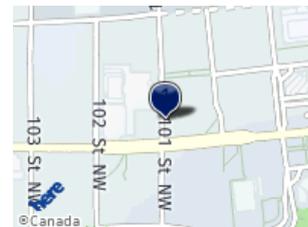


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The Greenhouse

"Healthy Eats"

Tuck into a healthy and delicious meal at The Greenhouse. While salads are rarely given the attention they deserve, this Caribbean-inspired eatery has transformed this humble side into a main that is both delicious to taste and good to eat. Heartily packed with flavor, freshness and all good things, these gourmet salads are quite unlike the usual leafy sides served at most restaurants. Sample scrumptious options like You Jerk with spinach, coconut lime vinaigrette, mangoes, carrots, cranberries, coconut and feta cheese, and Brain Food with spinach, curried avocado aioli, carrots, red peppers, apples, walnuts and raisins; both bountiful sources of nutrition that are nonetheless delectable. The menu also offers a few wraps, soups and desserts that make for a more complete meal.



📞 +1 587 524 9226

🌐 www.thegreenhousesalad.com/

📍 10119 101 Street Northwest, Edmonton AB



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Café Mosaics

"Healthy Eating"

An ideal place to stop by for a quick, refreshing cup of coffee, Café Mosaics offers a fine blend of blissful beverages and healthy meals. Bright and vibrant, replete with exquisite designs and an air filled with the aroma of fresh coffee, the atmosphere in here is perfect for a leisurely meal. Dedicated to healthy eating, this cafe features a variety of vegan and vegetarian dishes. Rich in flavor as well as nutritional value, expect nothing short of a truly palatable experience from this cafe. Savor the signature soups, sandwiches, rolls and salads, that will certainly kindle a new found fondness for this cafe.



📞 +1 780 433 9702

🌐 www.cafemosaics.com/

✉ cafemosaics@gmail.com

📍 10844 82 Avenue Northwest, Edmonton AB

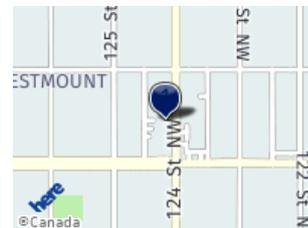


📷 by Mack Male ©

Clever Rabbit

"Vegan Paradise"

One of the finest vegetarian cafes in the neighborhood, Clever Rabbit seldom fails to provide a meal that is absolutely delightful. Always filled with excitement, this is the place to be for an enjoyable, casual meal with friends and family. The enticing menu offers an array of delectable vegetarian and vegan meals, prepared from only the freshest possible ingredients. Not-to-be-missed are the signature dishes like the tantalizing Battered Tofu Bowl, Gourmet Stuffed French Toast and the Setain Vegan Donair.



📞 +1 780 455 4500

📍 10722 124 Street Northwest, Edmonton AB



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Buns & Roses

"Deliciously Healthy"

Buns & Roses offers a healthy take on delicious food, with vegan, vegetarian and gluten-free options that are sure to delight even those with no dietary restrictions. This charming little bakery is the first of its kind in Alberta, and serves only freshly baked goods that are prepared using organic ingredients and wholegrain flour. Healthy, yet utterly delicious, Buns & Roses' scrumptious treats won't do you wrong. Apart from cakes, breads, the usual baked goods, Buns & Roses also serves daily lunch specials, deli style sandwiches, grilled mains, tea and coffee. Stop by for a light lunch or a leisurely snack. The menu is ever-evolving, with tasty new additions gracing the menu often.



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