

## "Best Spas in Raleigh/Durham"

Created by: Cityseeker

📍 5 Locations Bookmarked



📷 by nnoeki ©

### Relax Foot Spa

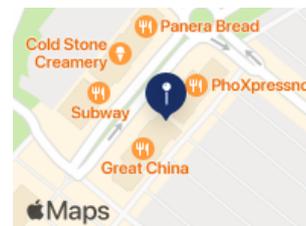
#### "Full Luxury"

If you're ready to feel refreshed and free of stress, Relax Foot Spa is a perfect destination. The spa, located inside the Alexander Place Shopping Center, offers a variety of luxurious spa services and foot massages. The spa radiates relaxation with herbal spa services, calming music, massage chairs and pedicures and manicures. The abundance of services is stunning, so plan accordingly for a full treatment of pampering ahead.

📞 +1 919 596 4400

🌐 [www.relaxationfootspa.com/](http://www.relaxationfootspa.com/)

📍 7851 Alexander Promenade Place, Suite 105, Raleigh NC



📷 by kerdkanno ©

### Bella Trio Salon & Day Spa

#### "House of Beauty"

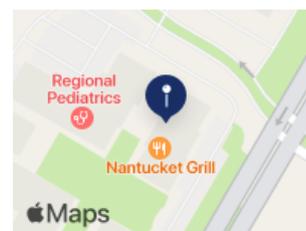
Bella Trio Salon & Day Spa is an oasis where guests can indulge their mind, body, and spirit. Begin a day at the spa with a free fruit-infused drink or herbal tea, and continue to one of many first-rate services. These include a full hair salon, sun-free tanning, skin and massage therapy, nail services, and more. The second-floor spa is entered through a limestone stairway, and conjures a truly luxurious experience. Waxing and nail services for men are also available.

📞 +1 919 484 1221

🌐 [www.bellatrio.com/](http://www.bellatrio.com/)

✉ [info@bellatrio.com](mailto:info@bellatrio.com)

📍 5826 Fayetteville Road, Suite 103, Durham NC



📷 by nnoeki ©

### White Dahlia

#### "Lap of Luxury"

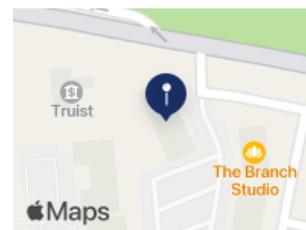
The expert massage offerings at White Dahlia are the first rate of luxury. After you're greeted by the friendly receptionist, step into the clean and white rooms of the stylish spa. Lay down with an aromatic eye pillow, create a music mix for your massage, and relax on a heated pad to rejuvenate your mind and body. Massages are given in many techniques and modalities, including Swedish, deep-tissue, lymphatic, bamboo fusion, Reiki, and Ashiatsu. A nice variety of facial treatments are available as well.

📞 +1 919 845 5525

🌐 [www.whitedahlia.com](http://www.whitedahlia.com)

✉ [info@whitedahlia.com](mailto:info@whitedahlia.com)

📍 8351 Standonshire Way, #109, Raleigh NC

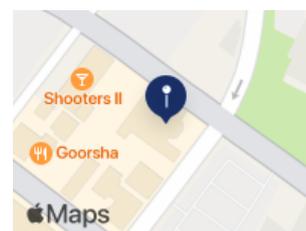


📷 by nnoeki ©

### The Retreat at Brightleaf

#### "Haven"

The Retreat is a refuge from stress that provides holistic health and skincare services. The spa is tucked away beyond the bustle of Durham's main streets, and its minimal design is both modest intimately relaxing. Enter the bright, inviting lobby and take advantage of free water and tea. Enter one of several themed rooms and indulge in a massage given in a range of techniques, acupuncture, or one of many aesthetic wellness services.

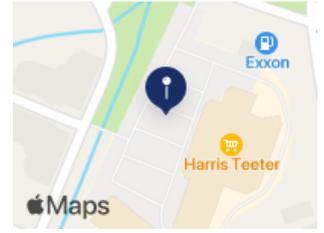




## Synergy Spa & Aesthetics

### "Rejuvenating Luxury"

Synergy Spa and Aesthetics truly pampers its guests in a luxurious setting. Rejuvenate your body and soul with deep tissue massages, hot stone body therapy, and full body detox and exfoliation. The full service spa offers the latest treatments in skin and nail care and body therapy. Synergy is also home to a cosmetic surgery center.



by nnoeki

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