

"Best Gyms in Orange County"

Created by: Cityseeker

📍 5 Locations Bookmarked



OC Life Fitness

"Goal Oriented Gym"

Located in Irvine, this popular gym focuses on creating customized fitness plans for each of its clients. With five locations throughout Orange County, OC Life Fitness is gaining popularity. Their work with clients in and out of the weight room makes all the difference, they even help devise meal plans. Whether you're looking to continue your healthy lifestyle or are just beginning, OC Life Fitness will help you along the way.



📷 by ShellVacationsHospitality

📞 +1 949 335 8680

🌐 www.oclifefitness.com/index.php

✉ info@oclifefitness.com

📍 17811 Skypark Circle, Suite E, Irvine CA



Innovative Results

"All About the Results"

With a handful of accolades from reputable sources like MyFOXLA News and MS Fitness Magazine, Innovative Results is more than just your average gym. Located in Costa Mesa, Innovative Results focuses on helping and supporting clients attain a healthy lifestyle and not just ripped muscles. Their specialized workouts and trainers make the work seem like fun and empower clients. Whatever your fitness goals, Innovative Results will help you along the way.



📷 by Rennett Stowe

📞 +1 866 243 4472

🌐 innovative-results.com/

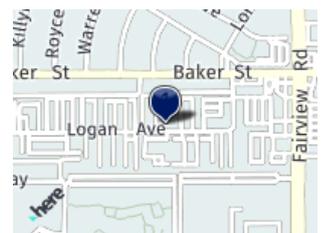
📍 350 Clinton Street, Costa Mesa CA



Rockreation

"Premiere Rock Climbing Gym"

Costa Mesa's largest rock climbing facility, Rockreation is tucked away on a side street behind Baker Street and remains a hidden treasure for local enthusiasts. 12,000 square feet (1114.83 square meters) of gym space plays host to a bouldering area, several top rope courses and a massive lead climbing area. The paths at this gym are frequently changed, meaning that new challenges await even the most seasoned visitor. A huge gym facility and yoga classes are available to round out the rigorous workout. One of the more popular offers at Rockreation are the children's parties with expert guides leading groups as small as five and as large as 25 through fun games like Capture the Flag and Wall Tag. A smash hit with local climbing enthusiasts and adventurous kids, Rockreation is the premiere rock climbing facility in the area.

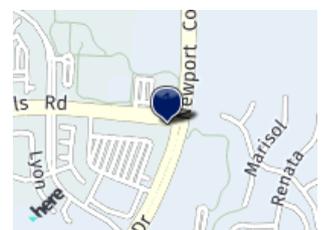


📷 by 7163893

📞 +1 714 556 7625

🌐 www.rockreation-cm.com/

📍 1300 Logan Avenue, Costa Mesa CA



Living Fitness

"Boutique Gym"

This boutique gym located in Newport Coast strives to provide resort-like quality service. The space itself was designed with eye for detail featuring marble surfaces, crown molding, wood-framed over-sized mirrors, custom lockers and state-of-the-art equipment. Both private lessons and group classes are available ranging from pilates to boot-camp. Gaining in popularity, barre classes which apply ballet and pilates techniques for a stronger core are also on offer. All of the instructors are highly qualified with years of experience.

+1 949 640 2300

livingfitnessoc.com/

contact@livingfitnessoc.com

21139 Newport Coast Drive,
Newport Coast CA



by oObsessed

+1 949 566 9290

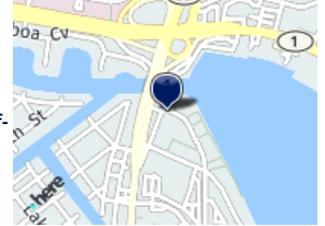
www.curlfitness.com/index.php

3505 Via Oporto, Newport Beach CA

Curl Fitness

"Healthier Than Yesterday"

Located in the Vio Lido Marina in Newport Beach, Curl Fitness is a state-of-the-art gym facility. This health club offers personal training, group classes, friendly staff and top notch equipment. After a great workout, refuel your body at the Curl Bar where organic smoothies and juices are on offer. The wide variety of classes range from pilates, yoga and zumba to indoor cycling, kickboxing, boot camp and even a running group.



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