

"Best Yoga Centers/Studios in Orange County"

Created by: Cityseeker

 3 Locations Bookmarked

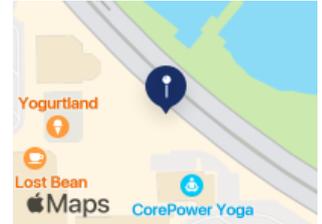


 by Jean Henrique Wichinoski


CorePower Yoga

"Large Studio"

Tucked away into the Woodbridge Square Shopping Center in Irvine, CorePower Yoga is a friendly and welcoming studio for all experience levels. This yoga facility features three large practice rooms, locker rooms with showers and a small boutique of yoga apparel and accessories. All the instructors are highly experienced and offer diverse yoga backgrounds to their teachings. Be sure to visit their website for class details and special promotional offers.



 +1 949 551 9642

 www.corepoweryoga.com/

 4700 Barranca Parkway, Woodbridge Square Shopping Center, Irvine CA

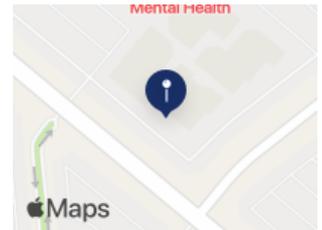


 by Anupam Mahapatra on Unsplash


Triad Yoga

"Awareness of Mind, Body and Soul"

Offering a wide range of yoga styles from ashtanga to prenatal and pilates, the Triad Yoga center is all about the connection between mind, body and soul. Located in Newport Beach this studio features a variety of classes for both beginners and seasoned yogis, to everything in between. Aside from their weekly schedule of classes, the studio also offers special workshops and teacher training programs. Visit their website for more information on classes and special promotional offers.



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 www.triadyogaca.com

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 5031 Birch Street, Studio A, Newport Beach CA

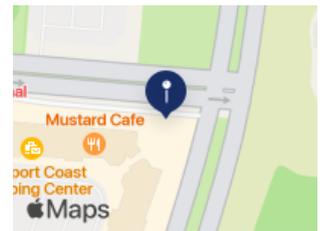


 by Robert Bejil Photography

Living Fitness

"Boutique Gym"

This boutique gym located in Newport Coast strives to provide resort-like quality service. The space itself was designed with eye for detail featuring marble surfaces, crown molding, wood-framed over-sized mirrors, custom lockers and state-of-the-art equipment. Both private lessons and group classes are available ranging from pilates to boot-camp. Gaining in popularity, barre classes which apply ballet and pilates techniques for a stronger core are also on offer. All of the instructors are highly qualified with years of experience.



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 livingfitnessoc.com/

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