

"Best Massages in Norfolk"

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📞 +1 757 625 5300

Changes City Spa

"Treat Yourself"

If you're looking for a new 'do, some freshly painted nails or just a good old, pampered time, then check out Changes City Spa. In addition to all the different beauty treatments, they offer many different types of massage, including couples massages. So whether you've got a special occasion to get ready for or just plain want to treat yourself, Changes City Spa is for you.

🌐 www.changesaregood.com

✉ info@changesaregood.com



📍 710 West 21st Street, Norfolk VA



📷 by nnoeki ©

📞 +1 757 222 9929

Lotus Day Spa

"Rest & Relaxation"

At Lotus Day Spa, you can sit back and relax while the expert beauticians and stylists pamper you. At this luxury day spa, you can get any kind of beauty treatment done, from manicures and pedicures and facials to waxing, massages and even permanent makeup application procedures. If you are really in the mood to pamper yourself you can also opt for one of the day spa packages. With treatments lasting from three and a half hours to five hours, the packages ensures that you forget all your worries. If you are in the mood to indulge yourself, Lotus Day Spa can certainly take care of your needs.

🌐 www.lotusdayspava.com

✉ lotusdayspava@gmail.com



📍 1547 East Little Creek Road, Norfolk VA



📷 by nnoeki ©

📞 +1 757 457 7202

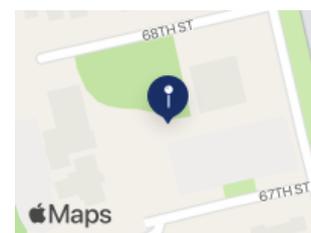
Edgar Cayce's A.R.E. Health Center & Spa

"Traditional & Alternative Treatments"

If you're looking for a spa with some less common treatments, check out Edgar Cayce's A.R.E. Health Center & Spa. The health center and spa offers a plethora of treatments, from acupressure massage and facials to more alternative treatments like inner sound therapy, energy medicine and holistic treatments. Hydrotherapy treatments are also available. If you just can't decide what treatment is right for you, you can invest in a spa package and double or triple up on treatments.

🌐 www.edgarcayce.org/about-us/virginia-beach-hq/are-health-center-spa/

📍 215 67th Street, Virginia Beach VA



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