

## "Best Gyms in Kolkata"

Created by: Cityseeker

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### Add Life Gymnasium and Health Spa

"Fitness Center and Spa"

Add Life Gymnasium and Health Spa is an advanced fitness center near Maidan Metro station. They specialize in carrying out training activities; cardio exercises and helps you in achieving your fitness goals. They also have a spa where you can get indulged in some of the most relaxing massages. Oil Massage, Body Scrub, Head & Shoulder massage and Facials are the most common. They have steam and sauna facilities for you to unwind the stress of the day. After a hectic day at the gym or after a relaxing massage session, customers can head towards their lounge. Here, they offer rejuvenating health drinks and food.



 +91 33 4001 3701

 [www.addlifespaspa.com/adventure/110502.php](http://www.addlifespaspa.com/adventure/110502.php)

 [addlifespaspa@gmail.com](mailto:addlifespaspa@gmail.com)

 22 Camac Street, Block-'A',  
5th. Floor, Kolkata

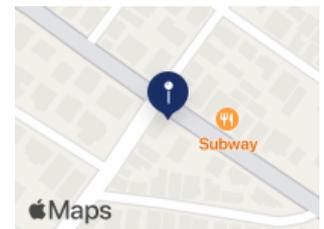


 by Usodesita 

### Bodyline Gym

"Gym and Training Center"

Bodyline Gym is a fitness center for men and women. It is located at New Alipore in Kolkata. It offers cardio exercises, training programs, treadmill walks and a number of other equipments that helps you to stay fit. They have professional trainers who understand the requirements of each individual. Their training programs are different for different people suiting their needs and wants. They also have nutrition and diet experts who help you to prepare and follow a diet chart.



 +91 9836061000

 [bodylinefitness.net/](http://bodylinefitness.net/)

 P-43 Nalini Ranjan Avenue, Block-H,  
New Alipore, Kolkata

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