

"Best Gyms in Kolkata"

Created by: Cityseeker

📍 4 Locations Bookmarked



📷 by Unique Hotels Group ©

Add Life Gymnasium and Health Spa

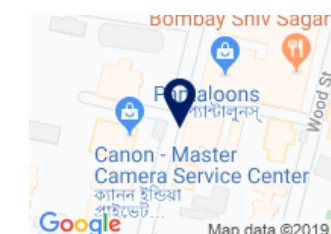
"Fitness Center and Spa"

Add Life Gymnasium and Health Spa is an advanced fitness center near Maidan Metro station. They specialize in carrying out training activities; cardio exercises and helps you in achieving your fitness goals. They also have a spa where you can get indulged in some of the most relaxing massages. Oil Massage, Body Scrub, Head & Shoulder massage and Facials are the most common. They have steam and sauna facilities for you to unwind the stress of the day. After a hectic day at the gym or after a relaxing massage session, customers can head towards their lounge. Here, they offer rejuvenating health drinks and food.

☎ +91 33 4001 3701

🌐 www.addlifespaspa.com/

✉ addlifespaspa@gmail.com



📍 22 Camac Street, Block-'A', 5th. Floor, Kolkata



📷 by jerryonlife ©

Rush Fitness

"Gym and Workout Center"

Rush Fitness is a gym and training center in Kolkata. It was the first to start the concept of indoor running track. It has a spacious and a luxurious ambiance. All the trainers are professionals who carry out customized work out programs depending on individuals. They also have a team of dietitians and nutritionists who assist all members in creating a nutrition chart. It has a spa, steam room, massage room and shower room to help all customers to relax after a tiring workout. There is also a cafe that serves variety of beverages.

☎ +91 9836756200

🌐 www.rushfitness.co.in/

📍 3A Ram Mohan Garden Lane, 5th floor, Raikva, Kolkata



📷 by alantankenghoe ©

Talwalkars

"Leading Gym in India"

Talwalkars is one of India's leading health centers. It has spread its wings across the country and is a well-known gym in almost 80 cities in India. It has more than 140 branches with 1,25,000 members. It has been ranked amongst the top three health club chains in Asia. Their first gym was established in Mumbai in the year 1932. They believe in offering expert advice, personal attention and a result-oriented approach. Some of the facilities offered at all their gyms are weight training, steam/ sauna, Yoga, aerobics, health counseling and cardio training.

☎ +91 33 4071 2151

🌐 www.talwalkars.net/

📍 43 Ashutosh Chowdhury Avenue, Block-101-B, 1st Floor, Sunny Towers, Sunny Park, Next to Birla Temple, Ballygunge, Kolkata





by Gabriel Porras

Bodyline Gym

"Gym and Training Center"

Bodyline Gym is a fitness center for men and women. It is located at New Alipore in Kolkata. It offers cardio exercises, training programs, treadmill walks and a number of other equipments that helps you to stay fit. They have professional trainers who understand the requirements of each individual. Their training programs are different for different people suiting their needs and wants. They also have nutrition and diet experts who help you to prepare and follow a diet chart.



+91 9836061000

bodylinefitness.net/

P-43 Nalini Ranjan Avenue, Block-H,
New Alipore, Kolkata

JOIN US AT:

cityseeker.com