

## "Best Outdoor Activities in Sochi"

Created by: Cityseeker

 8 Locations Bookmarked



 by John Morn 

### Agura Waterfalls

"Remember Prometheus"

The three Agura River waterfalls count among the top natural attractions in Sochi. They are located in the Khosta District, about two and a half miles (four kilometers) from the seashore. You can get there by bus or marshrutka (share taxi). You will have to catch your ride in the center of the city, get off at the Sputnik stop, and then cross the Agura River and follow the signs for a little bit more than half a mile. The entrance to the Agura Gorge is situated near Kavkazsky Aul, a local restaurant. The first and lowest waterfall is considered the most splendid, so there are often a lot of tourists there. Stairs lead to the next two waterfalls. After you see them, you can either visit the Orliniye Skaly (Eagle Rocks) or take a longer route to the majestic Akhun Mountain. Orliniye Skaly are said to be the rocks to which Prometheus was chained, and fittingly, there is a statue of him on top. Prometheus was watched by a god called Akhyn, who lived on the Akhun mountain. When Akhyn saw a local girl named Agura giving Prometheus water, he turned her into a river. On top of the Orliniye Skaly you can not only enjoy the view and take pictures with Prometheus, but also buy some snacks and drinks at the nearby kiosk. From here, you can descend to the Matsesta microdistrict, famous for its balneotherapy resort.



Agurskoye uscheliye, Sochi

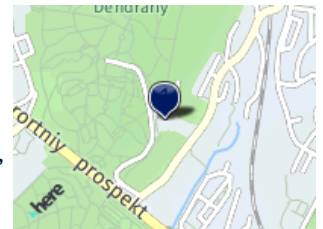



 by Sergei Kazantsev 

### Sochi National Park


"National Treasure"

Sochi National Park is 193,737 hectares (478,735 acres) of natural and cultural wonders. There are mountains, canyons, rivers, waterfalls, gorges, and caves. Among the park's main attractions are Akhun Mountain, the Zmeyka Cascade, the Vorontsovskiye Caves and the Khosta Yew and Boxwood Grove. Cultural attractions include the ruins of a Byzantine temple, a Bronze Age dolmen, and the watchtower on top of the Akhun. The national park is home to various kinds of rare flora and fauna, including several leopards that live in open-air cages.

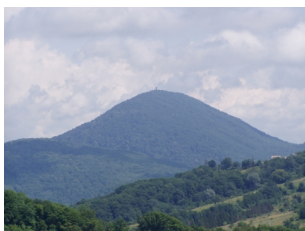


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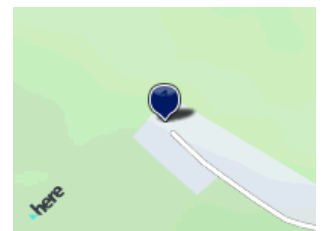


 by Alexander V. Solomin 

### Mount Akhun

"Amazing Views"

The top of Akhun Mountain boasts a splendid view of the city, the sea, and Sochi National Park. People say that on a clear day you might even see Turkey. The slopes of the mountains contain 30 caves as well as the ancient Khosta Yew and Boxwood Grove. Akhun's watchtower is an architectural landmark, which dates back to 1936 and was built using the medieval style.



Mount Akhun, Sochi

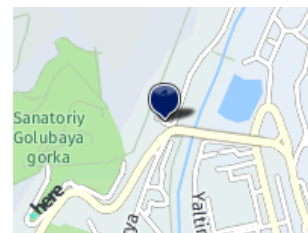


by Boris Zolotov

## Khosta Yew & Boxwood Tree Grove (Khostinskaya Tiso-Samshitovaya Roscha)

### "Ancient Grove"

On an Akhun Mountain slope there is a truly ancient grove, with yew and boxwood trees hundreds of years old. In 1952 the grove was featured as an in the famous Soviet fairy tale movie Sadko. There are two routes through the grove: the small ring, which allows you to see the main attractions in 30 minutes, and the large ring, for those who want a longer hike. To get to the grove, you will need to walk up Samshitovaya Street from the Khosta-Most bus stop. From the grove you can get to the top of Akhun Mountain, the Orliniye Skaly (Eagle Rocks), and the Agura Gorge.



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ulitsa Samshitovaya, Sochi

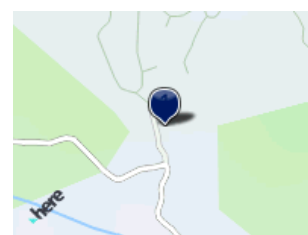


by John Morn

## Vorontsovskiye Caves (Vorontsovskiye Peshcheri)

### "Beautiful Caves"

The Vorontsovsky karst complex is a cave system in Sochi National Park. The main cave, named Vorontsovskaya, is the sixth longest cave in the country. Attractions here include various prehistoric artifacts and the "Estrade" hall, which has beautiful stalactites and stalagmites.



sochinp.ru/sochi-29.html

Vorontsovka, Sochi

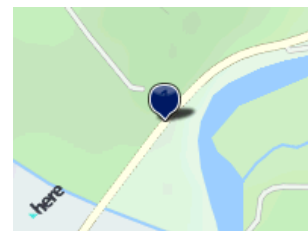


by Boris Zolotov  
Akshtyrskaya Peschera, Sochi

## Akshtyrskaya Cave

### "Prehistoric Site"

This cave, named after the nearby village Akhshtyr, is one of Sochi's main prehistoric archaeological sites. Neanderthals took their residence there about 70,000 years ago. By the entrance, there is a viewing platform from which you can see the Akshtyrsky Canyon and its splendid white rocks.



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