

"Best Spas in London"

Created by: Cityseeker

 10 Locations Bookmarked



 by Zenspa1 

ESPA Life

"One of City's Top Spas"

Covering a staggering 3300 square meters (35520 square feet) of luxurious space, ESPA Life is where you can indulge in a spa experience like none other. A tranquil den of silver, marble and leather, this wellness spa offers a plethora of exclusive treatments and facilities ranging from treatment pods, a hair salon, swimming pool, gym, steam room to a amphitheater sauna. The professional staff excels in catering to your every need whether related to fitness, healthcare, beauty or nutrition. Famous names associated with the establishment include Max Tomlinson- health advisor, Stephen Price- the celebrity gym trainer and Daniel Galvin- the man with the scissors. A day at this spa will certainly add a spark to your personality while leaving your body and mind nourished.

 +44 20 7321 3050

 www.espalifeatcorinthia.com/

 espalife.london@corinthia.com



 Whitehall Place, Corinthia Hotel London, London



 by imyanghai 

So SPA by Sofitel

"A Day at the Spa"

Situated in the majestic Sofitel London St James, So SPA offers a wide variety of rejuvenating massage and spa treatments. Trained masseurs and therapists provide you with therapeutic massages, based on your requirements and the package you've selected. Apart from massage packages, it also provides a variety of specialized treatments from aromatherapy and reflexology, to customized spa packages. You can also enjoy being groomed and pampered by professionals with unique salon packages will certainly bring a glow to your features.

 +44 20 7747 2200

 sofitelstjames.com/en/wellness-02.html

 so-spa.london@sofitel.com



 6 Waterloo Place, Sofitel London St James, London



 by nosheep 

AWAY Spa

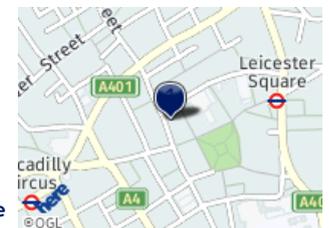
"Get Transported Away"

Located on the sixth floor of the W London-Leicester Square, AWAY Spa transports you away to a world of rejuvenation. Treat yourself to massages like the signature AWAY, Lava Shell and Bamboo, which last between 25 and 55 minutes. Manicures, pedicures, waxing and facials are the other treatments on offer. There is also a special team of celebrity therapists whose services you can avail of.

 +44 20 7758 1071

 www.awayspalondon.com

 awayspalondon@whotels.com



 10 Wardour Street, W London Hotel, Leicester Square, London





Agua Spa

"Royal Pampering"

Get pampered by the experts at Agua Spa at Sanderson London. The spa has combined the best of ancient and modern techniques of massaging, resulting in amazing therapies. A wide range of services like custom massage, aromatherapy massage, mother-to-be treatments, jet lag massage and many more are available. If you like milk and honey then there is one such massage awaiting you! Men need not feel left behind, they too can undergo special treatments including facials. The spa offers day packages and vouchers, which could serve as a great gift.



50 Berners Street, Sanderson London, London



by UggBoy | UggGirl [PHOTO // WORLD // TRAVEL] ©

The Dorchester Spa

"Rest & Relaxation"

Located inside The Dorchester, the spa welcomes both women and men to experience its therapeutic treatments. Arrive 15 minutes prior to your appointment, so as to have time to change and relax before the treatment begins. The spa also invites non-resident clients to enjoy the therapies. Relax and get a full body massage, the real aromatherapy experience or the stone body therapy. There are special treatments for pregnant women as well. The Fitness Studio is fully equipped with cardiovascular equipment.



+44 20 7319 7109

www.dorchestercollection.com/en/london/the-dorchester/spa-hotel-london/

spa.tdl@dorchestercollection.com

53 Park Lane, The Dorchester, London



by thomaswanhoff ©

Bamford Haybarn at The Berkeley

"Time for Rejuvenation"

Located within The Berkeley London hotel, Bamford Haybarn at The Berkeley is a niche for relaxation for the senses. Treatments offered at this spa utilize Bamford Body products, that are esteemed for being organic and natural. Therapies include deep tissue massage, de-stress massage, hot and cold stone treatments, prenatal massages and their own specialized treatment. Body exfoliation, manicure-pedicures, waxing and facials are also provided.



+44 20 7201 1699

www.the-berkeley.co.uk/health-club-spa/bamford-haybarn-spa-treatments/

haybarn@the-berkeley.co.uk

Wilton Place, Berkeley Health Club and Spa, The Berkeley London, London

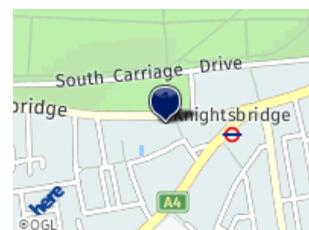


by Unique Hotels ©

Bulgari Spa

"Exclusive Pampering"

An indulgent experience awaits you at this spa located within the Bulgari Hotel & Residences. Right from the spectacular green pool to the lavish treatment rooms, saunas, Turkish baths and even the waiting areas, every element of the spa has been impeccably designed. Signature treatments at the spa include the Enzyme Renewing Facial as well as the Body Radiance Treatment. Apart from this, there is an array of body treatments, rituals and massages to pamper yourself. A separate Foot Clinic and Spa Lounge offers beauty treatments and grooming services by renowned professionals. The on-site fitness center is fully equipped to handle all kinds of regimes. Open only to hotel guests and members, this is one of the most luxurious spas in the city. Check website for more.



+44 20 7151 1055

www.bulgarihotels.com/en-us/london/spa-and-fitness/the-bulgari-spa

london-spa@bulgarihotels.co.uk

171 Knightsbridge, Bulgari Hotel & Residences, London



by nnoeki ©

Ushvani

"Malaysian Marvel"

Ushvani offers you an exotic setting in which you can forget all your troubles and just feel the waves of relaxation rolling over you. This spa was awarded the title of "UK's Best Day Spa" by the likes of Condé Nast Traveler and the Tatler, and it is quite easy to see why. Women can begin their day at this Malaysian-themed spa by taking a dip in the pool, followed by some time in the steam room. The many treatments on offer include massages like the Malay and Balinese, which take between 90 and 120 minutes. There are also some enhancements that can be combined with these massages. At the Asmara Suite, you can spend three hours of luxury with a friend or loved one. You can end the day with hibiscus tea in the tea room.



+44 20 7730 2888

www.ushvani.com/

reservations@ushvani.com

1 Cadogan Gardens, London

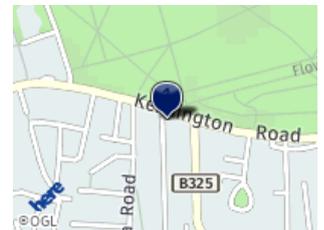


by nnoeki ©

Baglioni SPA by Elemis

"Step into Tranquility"

Take a break from touring and shopping around the city, and spend the time getting pampered at Baglioni SPA by Elemis. Nestled within the Baglioni Hotel London, this spa uses products by trusted brands: Jessica and Elemis. The range of services offered here ensure that you are relaxed, from head to toe. Massages, body scrubs, wraps, facials, manicures and pedicures are some of the therapies on offer. Special treatments like slimming, detoxifying, prenatal massages and therapies for men are also provided here.



+44 20 7368 5923

www.baglionihotels.com/baglioni-spa/

spa.london@baglionihotels.com

60 Hyde Park Gate, Baglioni Hotel London, London



by Unique Hotels Group ©

SPA NK

"Revitalizing Day-Out"

If you've been feeling rather tired and low lately, a visit to SPA NK is sure to cure the problem. There are many treatments that you could choose from, each of which is more refreshing than the next. There are facial treatments, massages, body treatments as well as combinations. You can add the finishing touches to your rejuvenating day out with manicures, pedicures, self tanning and waxing.



+44 20 7727 8002

www.spacenk.com/uk/stores.html?StoreID=Kings%20Road#!/london/127-131-westbourne-grove/1617644

enquiries@spa-nk.com

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