

## "Best Vegetarian/Vegan Restaurants in Barcelona"

Created by: Cityseeker

📍 6 Locations Bookmarked

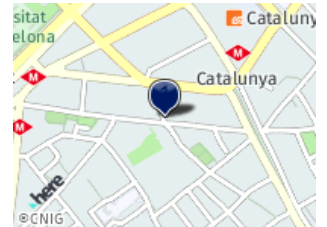


📷 by Ralph Daily from Birmingham, United States ©

### Teresa Carles

#### "Healthy Eating"

Enjoy the nutritional value and fine taste of salads and other health foods at Teresa Carles. Known for its extensive menu for vegetarians, it is a vibrant restaurant that is a favorite of locals. The food consists of freshly-squeezed juice, sandwiches, coffee and desserts. Meat dishes are also offered. Bare-brick walls accentuate the classy decor. Do not forget to browse through the jams, olives, vinegar and artisan products available at the counter.



☎ +34933171829

🌐 [www.teresacarles.com/tc/](http://www.teresacarles.com/tc/) ✉ [info@teresacarles.com](mailto:info@teresacarles.com)

📍 Carrer de Jovellanos 2, Barcelona

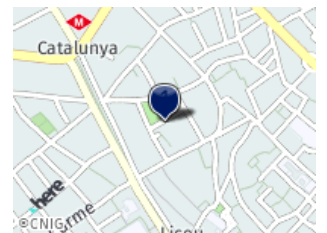


📷 by Harsha K R ©

### Govinda

#### "A Plater of Indian Vegetarian"

Amidst the El Barri Gotic, Govinda has made a prominent foray into the lesser-traveled world of vegetarian restaurants in Barcelona. A menu of plenty of abundant choices features and each of the dishes offered represents the rich vegetarian cuisine of India. Although a meal here can cost you more, the signature thali which is a complete meal in itself is worth a try. Apart from traditionally prepared Indian fare, a colorful salad bar will also be to your liking. One can also host private events for almost 50 guests in the dining hall which is full of Lord Krishna's murals and traditional motifs.



☎ +34 93 318 77 29

🌐 [www.govinda.es/](http://www.govinda.es/) ✉ [govinda@amalteaygovinda.com](mailto:govinda@amalteaygovinda.com)

📍 Plaça Vila de Madrid 4, Barcelona



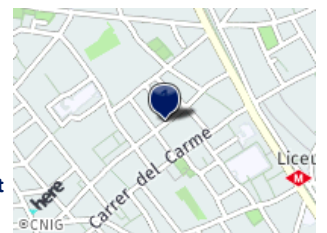
📷 by condesign ©

☎ +34 93 301 4583

### BioCenter Restaurant

#### "Green Eaters"

Founded in 1980, Restaurante Biocenter serves amazing vegetarian and vegan dishes. Their organic home-cooked meals are all eco-friendly as well as delicious. The restaurant has a friendly homey atmosphere, perfect for family dinners as well as dates. Their salad bar is remarkable for its variety of options and flavors.



🌐 [restaurantebiocenter.es/](http://restaurantebiocenter.es/) ✉ [info@restaurantebiocenter.es](mailto:info@restaurantebiocenter.es)

📍 carrer del Pintor Fortuny 25, Barcelona

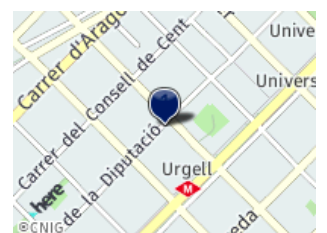


📷 by Morgaine ©

### Amaltea

#### "For the Love of Veggies"

It is virtually impossible to walk past this place without stopping to take a peek inside. It is a café, a vegetarian restaurant, an ecology bookshop and a dance school that also offers tai-chi classes, all wrapped in one little package! The restaurant menu is limited, but the dishes are extraordinary: Green Spaghetti with Vegetables and Spices, Kefir (yoghurt fermented with natural fungus), Vegetarian Moussaka and more. The homemade ice cream is superb. This is a place for those who want to enjoy a healthy and holistic lifestyle.



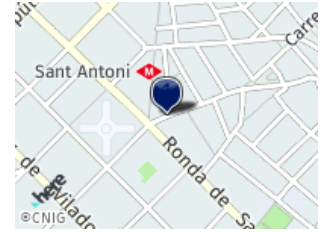


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## Sesamo

### "Fresh & Organic"

Specializing in organic and vegetarian cuisine, Sesamo offers a modern and cozy dining experience. A lunchtime set menu is available and includes three courses, bread and a drink. Menus change daily but often include delicious salad variations and pasta and rice dishes. For dinnertime, start off with a snack of Italian antipasto or marinated olives and choose from main courses like the Handmade Pasta of the Day, Pumpkin and Sage Risotto, or Cauliflower Souffle. There is also an extensive list of wines, liqueurs, and coffee drinks to complement your hearty meal.

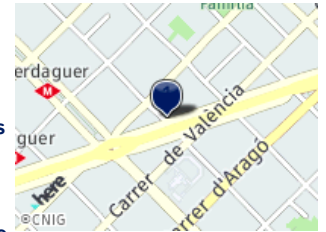


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## Arco Iris

### "Healthy Vegan Lunch"

Offering a brilliant range of vegetarian and vegan preparations, Arco Iris is a haven for visiting vegans and resident vegetarians of Eixample. With a name that literally translates to 'rainbow' in Spanish, Arco Iris presents a spectrum of wonderful, healthy dishes. Opened in 1969, the interiors here are simple and comfortable, a sentiment that is carried out brilliantly in the meals offered here. Easy on the tummy and pocket, these dishes are also quite tasty! Drop in for a delicious healthy, vegan lunch!



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