

"Best Yoga Centers/Studios in Barcelona"

Created by: Cityseeker

📍 5 Locations Bookmarked



📷 by Hernan Irastorza ©

Yogaroom

"Yoga for All"

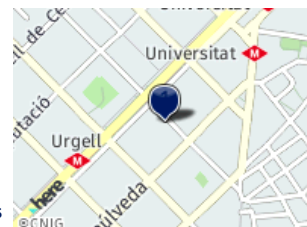
Located in the heart of the city, Yogaroom is one of the city's leading studios offering experienced instructors and a tranquil space to practice. Vinyasa yoga is the discipline of choice at the center, with a diverse array of classes for beginners as well as experienced practitioners. The center is especially popular for offering classes for kids as well. Yogis looking to move to the next level will benefit from the numerous workshops as well as teacher training courses held at the studio. Check website for more.

📞 +34 93 106 6355

🌐 yogaroom-bcn.com/yoga-room-barcelona/

✉ info@yogaroom-bcn.com

📍 Calle Casanova 27 2-2, Barcelona



📷 by adifansnet ©

Kannon Gyo

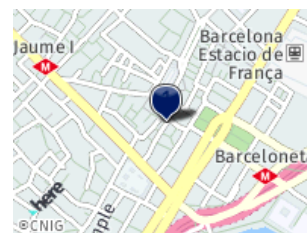
"Relax With Yoga"

A great place for fitness-enthusiasts, Kannon Gyo offers a range of activities like yoga, meditation, reiki and creative dance. The calm and soothing atmosphere of this place, allows you to relax and get in harmony with your mind, body and soul. Located in the neighborhood of La Ribera, it sees a lot of locals and some visitors. Classes for all activities are conducted by professional trainers, so that you can learn the art of good health and body. Have a look at their website to get more details.

📞 +34 93 268 0432

✉ info@kannongyo.com

📍 Calle Agullers 17, Barcelona



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Yoga Lab Barcelona

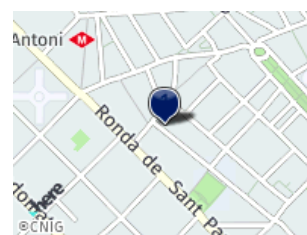
"Modern Yoga Studio"

Established in 2016, Yoga Lab Barcelona is a modern yoga studio in Barcelona that offers a wide range of yoga classes in Hatha Vinyasa, Rocket, Ashtanga and Lunar Hatha Vinyasa techniques. The interiors are simple yet elegant, featuring smooth surfaces and hardwood floors. Classes are carried out under the supervision of trained professionals who take you through various postures and asanas to help strengthen both body and mind.

📞 +34 610 36 3503

🌐 nowhere.yoga/yogalab/

📍 Carrer de la Reina Amàlia 3, Barcelona

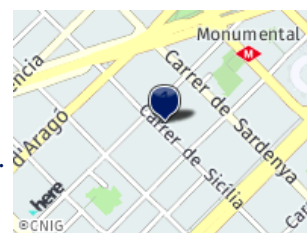


📷 by Robert Bejil Photography

Shunia Yoga

"Yoga for the Mind"

A focus on spiritual awareness, combined with physical and mental wellness make Shunia Yoga, one of Eixample's most popular yoga studios. The center offers Kundalini Yoga, a discipline that places emphasis on simple movements, breathing techniques and meditation; ideal for beginners as well as experienced practitioners. Besides their daily schedule of classes, the center regularly hosts bhajans and other spiritual concerts. Clean lines and soothing lighting characterize the expansive studio, creating a tranquil atmosphere to calm your mind. Check website



for more.

+34 93 265 8926

www.shuniayoga.com/

info@shuniayoga.com

[Carrer de Sicília BIS 236,
Barcelona](#)



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The Garage by Veronica Blume

"Premier Yoga Studio"

The Garage by Veronica Blume in Barcelona is one of the city's premier yoga studios that offers group and individual classes in Yin and Ashtanga yoga techniques. The staff here comprise a team of highly skilled yoga practitioners under whom you will learn various exercises and postures that would be beneficial to your body and mind. They also organize various personal improvement sessions and workshops from time to time.



+34 655 156 674

thegarageblume.com/

hello@thegarageblume.com

[Carrer de Magalhães 2,
Barcelona](#)

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