

## "Best Health/Organic Food Restaurants in Lyon"

Created by: Cityseeker

📍 3 Locations Bookmarked

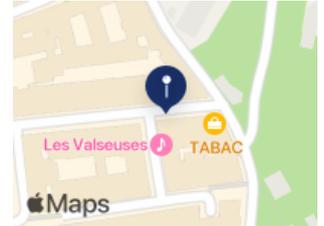


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### Toutes Les Couleurs

"A Popular Organic Restaurant"

People with a healthy diet, look no further! Toutes Les Couleurs makes it their main concern to cook only organic, seasonal, vegetarian and vegan dishes which ingredients come mostly from local farmers. Here, even the beer, wine, liquors and tea and coffee are organic! Upon arriving in front of the restaurant, the current season menu is generally displayed on the window. A la carte options are also available but no tomatoes in the winter at Toutes Les Couleurs! The place is nicely decorated, colorful and warm. Prices are fair, as promised in Toutes Les Couleurs' slogan: "Here, eating organic doesn't necessarily cost more!"



📞 +33 4 72 00 03 95

🌐 [www.touteslescouleurs.fr/](http://www.touteslescouleurs.fr/)

✉ [info@touteslescouleurs.fr](mailto:info@touteslescouleurs.fr)

📍 26 rue Imbert Colomès, Lyon

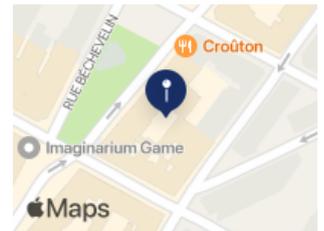


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### Against the Grain

"Vegan Haven"

Located in the seventh arrondissement, Against the Grain serves an extensive vegan menu that caters to both herbivore and omnivore tastes. Order the freshly made daily specials and you won't be disappointed. Besides an eclectic menu of enchiladas, burritos, wraps, burgers, salads and exotic soups, Against the Grain also serves a handful of exquisite desserts with a vegan twist. Their panna cotta is highly recommended, as are their delicious cakes, made with fresh fruits and even vegetables. For drinks, try the healthy organic beer.



📍 135 Rue Sébastien Gryphe, Jean Macé, Lyon

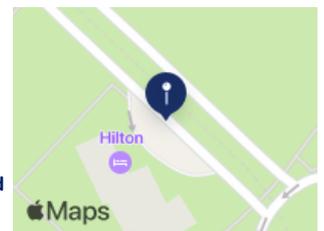


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### Le Cocon

"Brasserie With Seasonal French Cuisine"

Le Cocon is nestled in the leafy neighborhood of Saint-Priest, in the swanky Golden Tulip Hotel. The menu features a modern French cuisine that revolves around sustainable produce and organic ingredients sourced from the Rhone-Alpes region. As a result, the dishes always reflect seasonal delights and come with an inventive twist. The brasserie has a spacious indoor dining area, bathed in natural light, while a beautiful sun-deck overlooks the verdant neighborhood and nearby lake. Patrons report impeccable service, and the staff patiently answer any queries you might have regarding your dish.



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✉ [restaurationlyon@goldentulip-hotels.com](mailto:restaurationlyon@goldentulip-hotels.com)

📍 160 Cours du Troisième Millénaire, Golden Tulip Lyon Eurexpo, Saint-Priest

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