

"Best Hidden Gems in Lyon"

Created by: Cityseeker

📍 5 Locations Bookmarked



📷 by Hans Vivek on Unsplash

Spa Au Bout du Monde

"Post-travel Indulgence"

Spa Au Bout du Monde is a tranquil escape from the city chaos, as it offers an array of rejuvenating therapies and massage treatments to heal stressed souls. The ambient, relaxing atmosphere at the day spa is an easy draw, while it also remains famous for those traditional hammams and other treatments. The attentive, highly professional therapists make sure their guests feel at ease during the massage and leave with a sense of satisfaction and delight.



☎ +33 6 0253 4418

🌐 www.auboutdumonde.eu/ ✉ contact@auboutdumonde.eu

📍 3 Quai de la Pêcherie, Lyon



📷 by Pymouss

Le Gros Caillou

"Stone Left Unturned"

This stone is more than just a curiosity, sitting as it does at the end of the Boulevard de la Croix-Rousse, just a stone's throw away from the Place Bellevue. There are two stories.... one is a legend and the other is the scientific explanation. Legend has it that the stone is the heart of a legal bailiff which was turned to stone as a form of vengeance on the part of people who had been wronged by him. Geologists believe that the stone is a rock fragment left over from the Jurassic period which must have been left there during the last ice age. Everyone has their own explanation but whatever it is, it must certainly have been a surprise when they tunneled into the hill in 1890 to make way for the railway and found this great big stone!



☎ +33 4 7277 6969 (Tourist Information)

📍 Boulevard de la Croix-Rousse, Lyon



📷 by guvo59

Spa Cinq Mondes

"Spa Care & Cosmetics"

The founder of Spa Cinq Mondes, Jean-Louis Poiroux, spent over a decade traveling the world to discover the best methods of care and massage on the planet. The Spa Cinq Mondes now offers a range of authentic treatments based on cultural traditions. Also on offer is a line of cosmetic products with no silicone, artificial coloring, or testing on animals that allows patrons to bring the spa experience home, guilt free. Perfect for rejuvenating and relaxing after a long day's work.



☎ +33 4 7842 0707

🌐 www.cinqmondes.com/en/spa-cinq-mondes-lyon.html 📍 49 rue Auguste Comte, Lyon



Royal Spa

"Rejuvenating Retreat"

Lyon's Royal Spa transports you to the dreamy set-up of Arabian Nights. The full-service day spa boasts of a number of body massages and facial treatments to help you heal your mind, body and soul. Nearly 20 restorative regimes are on offer, along with those relaxing hammams, sauna tubs and Jacuzzi showers that promise unmatched succor post a tiring day in the city.

+33 4 7889 9774

www.royalspa.fr/

accueil.royalspa@gmail.com

75 Cours Vitton, Entrée au
169 bd Stalingrad, Lyon

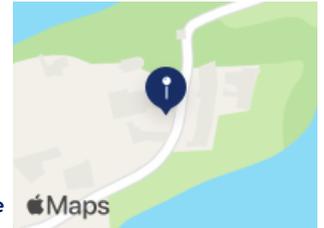


by Maria Boismain

L' Ile Barbe

"Remains of Medieval Monastery"

According to Grégoire de Tours (6th Century) and Leidrade (8th Century) there was a monastery on the Ile Barbe as early as the 5th Century, making it, along with St Pierre, one of the oldest monasteries in Lyons. The building of this monastery, situated on an island, perfectly suited these first monks who were self-sufficient and preferred to lead a life of asceticism and meditation. There is little left of this Carolingian monastery apart from some artifacts displayed in the Musée Gadagne in Lyons. The monastery prospered during the Middle Ages but was closed during the Revolution and then sold. Although all that is left today is the Norman abbey church of Notre Dame (dating from end 11th-early 12th centuries), the excursion to the island is pleasant; there is a park with games for children on the Southern part and in the North, charming houses and private mansions have been preserved. Take the pont de l'île along the Saône North of Lyon (quai Carrié on the right bank, quai Clémenceau on the left bank).



+33 4 7277 6969 (Tourist Information)

Quai Raoul Carrié, Quai Clémenceau, Lyon

JOIN US AT:

cityseeker.com