

## "Best Adventure Sports in New York"

Created by: Cityseeker

📍 4 Locations Bookmarked

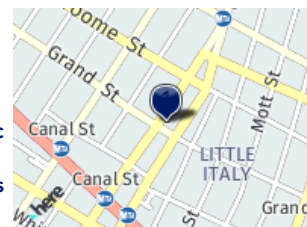


📷 by David ©

### Discover Outdoors

#### "Earth Explorer"

New Yorkers continually engrossed in work often seek a break from hectic city life. Discover Outdoors serves as the perfect outlet, helping stressed city dwellers find respite and thrills in the great outdoors. Many of its tours even make less adventurous people seek new and challenging activities. Whether you can spare only a few hours or several days, this company has a tour for you. Hike through breathtaking forests, mountains and lake shores, go horse riding or snowshoeing, discover the state's best breweries and wineries, or head to a wolf sanctuary and elephant safari. Their longer tours even take thrill seekers as far as Machu Picchu and Tanzania, while shorter ones may be as simple as whiskey tastings within the city. There are special tours for families and school groups, and for earth science and environment education. These trips are also a great way to meet like-minded explorers.



☎ +1 212 579 4568

🌐 [www.discoveroutdoors.com/](http://www.discoveroutdoors.com/)

✉ [info@discoveroutdoors.com](mailto:info@discoveroutdoors.com)

📍 154 Grand Street, New York NY

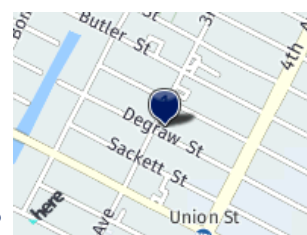


📷 by skeeze ©

### Brooklyn Boulders

#### "Climbing Fever"

If you cannot actually head to a mountain to practice rock climbing, Brooklyn Boulders comes to the rescue. Located in the heart of Brooklyn, it features 22,000 square feet (2044 square meters) of climbing area both indoors and outdoors. The vertical climbing surfaces have been molded to represent terrains of various difficulties. The climbing walls themselves seem like works of art, with multi-colored climbing holds resembling balloons and streamers decorating a party hall. In fact, the colors designate the level of difficulty of each wall. While this venue can be seen as a fun place for kids and adults, they are actually quite serious about bouldering and rope climbing. Instructional lessons includes complete assessment of participants' weaknesses and strengths, and rigorous Climber Core fitness classes for developing muscles for rock climbing. You can also learn three levels of yoga, Acroyoga that combines acrobatics and yoga, and Capoeira, a martial art from Brazil. Youth camps, nutritional programs, family classes and birthday party packages are additional features here. Brooklyn Boulders also often collaborates with artists, hosts DJ and ladies' nights, and conducts workshops in fencing and self defense.



☎ +1 347 834 9066

🌐 [brooklynboulders.com/brooklyn/](http://brooklynboulders.com/brooklyn/)

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📍 575 Degraw Street, Corner of 3rd Avenue and Degraw Street, New York NY

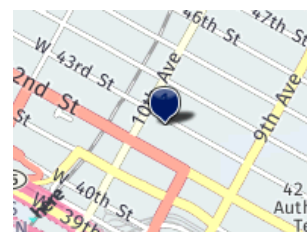


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### Pan Aqua Diving

#### "Thrilling Water Sports"

Pan Aqua Diving is a popular shop selling snorkeling and scuba diving equipment. It is also one of the best places in New York to learn these water sports under the guidance of experts. Classes are available at various skill levels: right from beginners with absolutely no previous experience to those who want to become scuba diving instructors. This place is also qualified to issue international certifications in scuba diving, usually awarded after rigorous training and testing. Naturally, the



instruction is top notch and helps participants develop finer skills in snorkeling and scuba diving. Lessons and special trips are conducted at various locations for the convenience of learners. If you purchase outdoor gear from Pan Aqua Diving, you get a discount on the training course.

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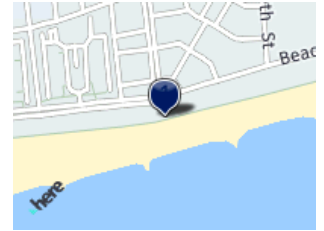


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## New York Surf School

### "Yoga & Surfing"

Situated in Southwestern Long Island, away from the hustle and bustle of central New York City, New York Surf School is one of the best places to learn and master surfing and paddleboarding. Groups usually meet at Rockaway Beach and proceed for a two-hour lesson in surfing the waves of the ocean. The class rates are lowest for groups of 12 or more and are higher for smaller group sizes. If you need extra help, their private lessons, albeit expensive, should have you surfing within no time. Participants are sorted into beginner, intermediate and advanced groups as per their skill levels. New York Surf School also offers yoga lessons on the beach. While surfing gives an adrenaline rush, yoga calms the mind and, thus, the two complementary activities help you leave your worldly worries behind in Big Apple and de-stress completely. After a lesson, wait on the beach until sunset for a surreal experience. New York Surf School also organizes summer camps for children of different age groups.



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