

## "Best Yoga Centers/Studios in Miami"

Created by: Cityseeker

 3 Locations Bookmarked



 by "Robert Bejil Photography" 

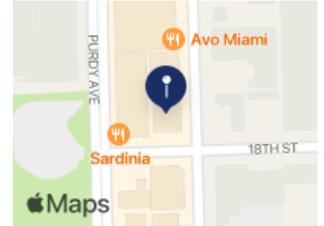
### Green Monkey Miami Beach

"Yoga for the Soul"

Set just off the west coast, Green Monkey Miami Beach claims to be one of the finest yoga facilities in the city. Regardless of your body type, work routine and experience with yoga, this studio sets you on the path towards a healthy life. Its team of knowledgeable trainers encourage and inspire members to push their physical and mental boundaries in a quest towards achieving one's fitness goals. While most sessions are organised at their cozy setting, trainers do occasionally conduct sessions at the beach or at the square.

 +1 305 397 8566

 1800 Bay Road, Miami Beach FL



 by Robert Bejil Photography

### 3rd Street Beach Yoga

"Rise and Shine"

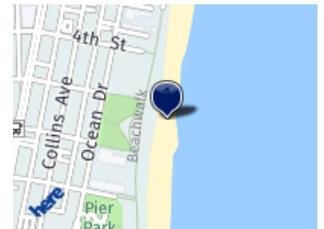
Start and end your day with some relaxing yoga on Miami's golden sands. This nonprofit community project consists of yoga teachers and enthusiasts who welcome both locals and tourists, beginner or expert, to join them in a variety of yoga classes. The group meets twice daily at the beach near 3rd Street and Ocean Drive: once at 7a and once at 6p (5p during Winter). Bring a beach towel and immerse yourself in a unique and rewarding yoga environment.

 +1 786 529 6423

 [3rdstreetbeachyoga.com/](http://3rdstreetbeachyoga.com/)

 [3rdstreetbeachyoga@gmail.com](mailto:3rdstreetbeachyoga@gmail.com)

 Ocean Drive, Lifeguard Hut, 3rd Street, Miami Beach FL



 by "Hernan Irastorza" 

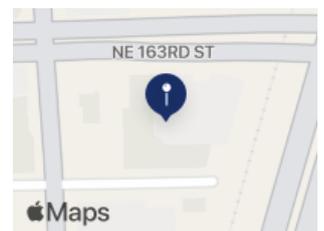
### Ayama Yoga Center

"Healing with Yoga"

Ayama Yoga Center offers a variety of classes and workshops for participants of various experience levels. Set out on a quest towards physical and mental fitness, under the guidance of experienced instructors. Learn the basics of yoga and meditation, through aasanas and poses that focus on bodily function and development. Specialized courses like Vinyasa, Kundalini and Hatha are also offered for those looking for a more advanced session. The cost of sessions depends upon the duration of the course.

 [www.ayamayoga.com/](http://www.ayamayoga.com/)

 2250 Northeast 163rd Street, Miami FL



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