

"Best Health/Organic Food Restaurants in Atlanta"

Created by: Cityseeker

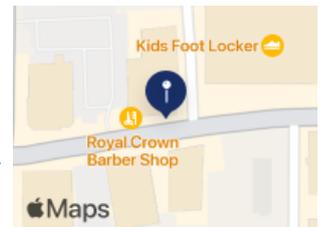
📍 4 Locations Bookmarked



Soul Vegetarian #1

"Affordable African Cuisine Near Campus"

This is a small, mostly student hangout offering healthy soul food. The stated specialty is delicious, cholesterol-free cooking, and they do a pretty good job of it, and a pretty good business. It's no wonder this place is so popular with local students, as all meals are priced fairly low. The interesting menu at this low-key joint isn't for everyone, however, unless you have a taste for soy ice cream with your collard greens.



📷 by Chris A. Tweten on Unsplash

📞 +1 404 752 5194

🌐 soulvegssouth.com/

✉ soulvegssouth1@gmail.com

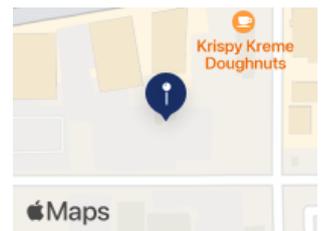
📍 879 Ralph David Abernathy Boulevard Southwest, Atlanta GA



Healthful Essence

"Vegan Essence"

Offering a vegan take on Caribbean soul food, Healthful Essence is a unique concept for epicureans in town. On the menu are delicious and inventive vegetarian dishes like their signature Jerk Un-chicken, Brown Stew Un-fish, Veggie Lasagna and Curried Un-goat. Reggae tunes play in the background to infuse a tropical vibe while their services include take-out and WiFi access.



📷 by "Gail Frederick"

📞 +1 404 806 0830

🌐 healthfullescence.com/

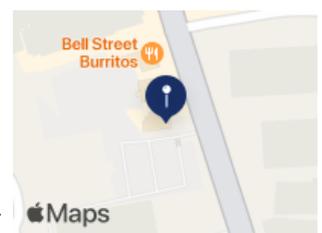
📍 875 York Avenue Southwest, Atlanta GA



R. Thomas Deluxe Grill

"Open All Night"

This airy 24/7 restaurant offers a casual respite for those with midnight hunger pangs. The patio garden provides a somewhat exotic setting where patrons sample the healthy dishes in the company of live parrots and cockatoos. The menu is heavily vegetarian, and includes many vegan-friendly selections. Smoothies and other health drinks are also popular with the regulars. Enjoy a healthy affair at R. Thomas' Deluxe Grill.



📷 by Carl Black

📞 +1 404 881 0246

🌐 www.rthomasdeluxegrill.net/

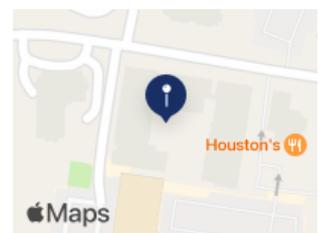
📍 1812 Peachtree Street Northwest, Atlanta GA



Cafe Sunflower Buckhead

"California-Style Greens and Goodies"

Cafe Sunflower is consistently voted the top vegetarian restaurant in Atlanta. The quiet, brightly-lit dining room is set back from the road a bit, adding to the serene atmosphere. The cooks here use only the freshest ingredients in interesting combinations to churn out California food with strong Asian, Mediterranean and Southwestern influences. Try the tofu stir-fry or the Sunflower sampler, and for dessert enjoy a piece of chocolate peanut butter tofu pie. Sunflower serves hand-picked organic wines and imported beer along with your favorite domestic selections.



📷 by Eaters Collective on Unsplash

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