

## "Best Yoga Centers/Studios in Seattle"

Created by: Cityseeker

 10 Locations Bookmarked



 by Unique Hotels Group 

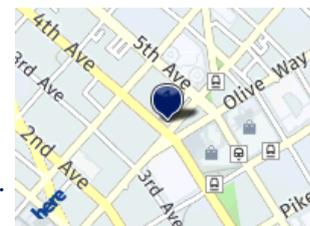
 +1 206 420 0222

### Urban Yoga Spa

"Health And Beauty"

Combining a spa and a yoga studio, Urban Yoga Spa is a unique wellness center which will help you both look and feel your very best. You can practice yoga here by joining one of their classes, workshops and retreats. Teacher training classes are also conducted here. After a rigorous class, you can pamper yourself with a few treatments at the spa. Healing treatments like Reiki and acupuncture are also offered at this center.

 [www.urbanyogaspa.com/](http://www.urbanyogaspa.com/)  [info@urbanyogaspa.com](mailto:info@urbanyogaspa.com)



 1900 4th Avenue, Seattle WA



 by Public Domain 

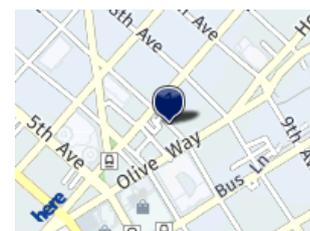
 +1 206 443 3933

### Zum

"Split Level Zen Gym"

Zum offers a state-of-the-art gym and training facility utilizing a unique, open floor plan that allows for unparalleled levels of flexibility when it comes to training. Light wooden accents match with dark walls to create an eye-catching facility that adds a touch of zen to the typical workout experience. Split over two stories, Zum's facilities include a peaceful yoga room, pilates studio, free weight section and numerous other specialized areas in which to focus on fitness. Personal training services are available as well as massages, meaning that you can have your workout at your own pace. For travelers in Seattle who don't want to miss a leg day, Zum fitness is one of the best gym locations in the area.

 [zumfitness.com/](http://zumfitness.com/)  [info@CLUBZUM.COM](mailto:info@CLUBZUM.COM)



 1813 7th Avenue, Seattle WA



 by Nicholas\_T 

 +1 206 325 8221

### 8 Limbs Yoga Center

"Serene Yoga Studio"

Calm your mind and control your body with yoga moves at the 8 Limbs Yoga Center in Seattle. Specializing in hatha and Vinyasa yoga practices, this studio is a great place to meet like-minded people, who love yoga and who want to adopt it not just for fitness but also as a way of life. You can opt for a regular membership or keep an eye out for their various workshops which take place from time to time. Teacher training courses are also organised here for those more experienced in the art of yoga.

 [8limbsyoga.com/studio/capitol-hill/](http://8limbsyoga.com/studio/capitol-hill/)  [capitolhill@8limbsyoga.com](mailto:capitolhill@8limbsyoga.com)



 500 East Pike Street, Seattle WA

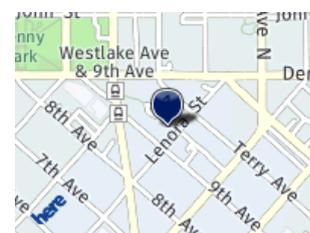


 by adifansnet 

### Be Luminous Yoga

"Restorative and Engaging"

Located in the Belltown area of Seattle, Be Luminous Yoga is studio and training center specializing in Power Vinyasa Yoga. Offering this ancient Indian tradition to the denizens of Seattle, this studio features classes for the seasoned yogis to the novice just starting out with their practice. Be advised, all of the classes are in heated classrooms, so bring in plenty of water! Visit the website for monthly membership information.



+1 206 682 9642

[www.beluminouslyoga.com](http://www.beluminouslyoga.com)

[business@beluminouslyoga.com](mailto:business@beluminouslyoga.com)

900 Lenora Street, Suite 128, Seattle WA

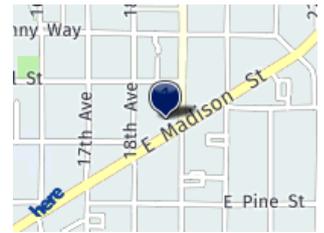


by Robert Bejil Photography

## Breathe Hot Yoga

"Bikram Yoga Center"

Breathe Hot Yoga studio primarily offers classes in Bikram yoga with a bit of Vinyasa and Yin mixed in. Located along 4th Avenue in Seattle, this place provides a refreshing and energizing experience that will leave you feeling rejuvenated, empowered, and fresh. The practice takes place in a room with a temperature of 98-108 degree Fahrenheit (36.6-42.2 degree Celsius). Courses vary according to difficulty level and range from beginner's level yoga to teacher training courses.



+1 206 708 7913

[www.breathehotyoga.com/](http://www.breathehotyoga.com/)

1818 East Madison Street, Seattle WA



by jeviniya

## hauteyoga Queen Anne

"A Haute Place to Sweat"

Equipped with an infrared heating system, cushioned hardwood flooring, and lots of natural light, hauteyoga Queen Anne provides a great space to practice in. Several experienced teachers specializing in Hot Hatha and Power Vinyasa yoga teach here. If you find yourself in need of a mat or new yoga pants, you will find a variety of trusted and stylish brands in the retail section of the studio.



+1 206 913 2561

[www.hauteyogaqueenann.com](http://www.hauteyogaqueenann.com)

[info@hauteyogaqueenann.com](mailto:info@hauteyogaqueenann.com)

2131 Queen Anne Avenue North, Seattle WA



by Unique Hotels Group

## Pure Barre

"Isometric Movements"

Utilizing the ballet barre to burn calories and tone the entire body has become the newest fitness craze. Barre, takes classic ballet techniques and combines them with heart-pumping cardio and toning to create a fun full body workout. Located in the University Village shopping center in Seattle, Pure Barre offers classes all throughout the day led by certified instructors. Each class features dance-inducing tunes, stretching, floor work and more. Guests can choose to take private lessons or group classes. Pure Barre also offers a great program for new mothers to help them get their body toned and fit.



[www.purebarre.com/WA-seattle/](http://www.purebarre.com/WA-seattle/)

[seattle@purebarre.com](mailto:seattle@purebarre.com)

5001 25th Avenue Northeast, Seattle WA



by Usodesita

## Community Fitness

"Fitness When You Like It"

Community Fitness is a hip place to work out. With its casual atmosphere, it's a wonderful place to get fit while having fun. You are guaranteed to have a ball with yoga, Tai Chi, Zumba and even Afro Latin Jazz and Hip Hop. How many places can offer you that? Drop in any time and attend as many classes of your choice. With its flexible membership options, you are invited to come, dance yourself fit and connect with yourself and with the community.



+1 206 523 3363

[www.communityfitness.com/](http://www.communityfitness.com/)

[frontdesk@communityfitness.com](mailto:frontdesk@communityfitness.com)

2113 Northeast 65th Street, Seattle WA

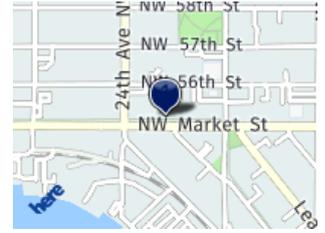


by Hernan Irastorza

## SHAKTI Vinyasa Yoga

### "Vinyasa Yoga In Seattle"

If you like the Vinyasa form of yoga, then the SHAKTI Vinyasa Yoga in Seattle is the best place for you. With teaching techniques in groups as well as private sessions, you can pick and choose things as per your comfort. Their aim is to inspire and empower people to adopt yoga as a healthy lifestyle and something that will not only help them physically but also mentally and emotionally. Attend their workshops, or go for their retreats or simply start with a beginners program.



+1 206 297 9642

[shaktivinyasa.com/](http://shaktivinyasa.com/)

[seattle@shaktivinyasa.com](mailto:seattle@shaktivinyasa.com)

2238 Northwest Market Street, Seattle WA



by Nicholas\_T

## Bellevue Club

### "All Inclusive Health Club"

More than your average gym, the Bellevue Club is a 200,000 square foot (18,580 square meter) wellness complex, complete with onsite dining, childcare, day spa and various recreational facilities. Located in the Eastside neighborhood of Seattle, this health club has something for everyone, from adults to kids. Some of activities on offer include group classes, private lessons, basketball, squash and tennis courts, three pools, specialty programs and more. Get your stretch with yoga, tone muscles with pilates and build endurance with a spin or kickboxing class. Dine in one of the clubs four dining venues after working up an appetite or take a day for yourself at the spa. Whatever your wellness needs, Bellevue Club has them covered.



+1 425 455 1616

[www.bellevueclub.com/](http://www.bellevueclub.com/)

[info@bellevueclub.com](mailto:info@bellevueclub.com)

11200 Southeast 6th Street, Seattle WA

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