

"Best Food on a Budget in Memphis"

Created by: Cityseeker

📍 5 Locations Bookmarked

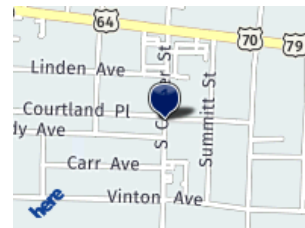


📷 by natecardozo ©

Barksdale Restaurant

"Home Cooking with a Southern Accent"

Best-known for its hearty breakfasts, this is also a good bet for a sandwich, catfish plate, or a meat-and-three plate lunch served with cornbread. It's the kind of place that when it says steak, it's chopped sirloin smothered with onions or plain. And don't pass up the homemade desserts here. Choose from Chocolate Meringue, Vanilla Chess, or Southern Pecan. If you do come for breakfast, you'll find yourself eating country ham and some of the best biscuits in town with a group of regulars - some of who eat breakfast here every day.



📞 +1 901 722 2193

📍 237 South Cooper Street, Memphis TN

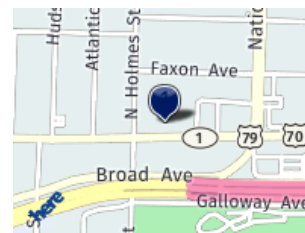


📷 by sharonang ©

Highland Super Submarine Sandwich Shop

"Delicious Submarine Sandwiches"

Highland Super Submarine Sandwich Shop is a cash-only deli that sells some of the best submarine sandwiches in town at affordable prices. The menu comprises of hearty sandwiches that are tastefully prepared using fresh crispy vegetables and tender deli meat that is enveloped in flavorful spices. From the home-baked bread to the savory fillings like pastrami, steak and peppers, and turkey, loaded with toppings like Swiss cheese, mayo, mustard, and lettuce, it makes for a satisfying meal. You can dine at one of the many tables or opt for take-out and eat at leisure.



📞 +1 901 324 3728

📍 3316 Summer Avenue, Memphis TN

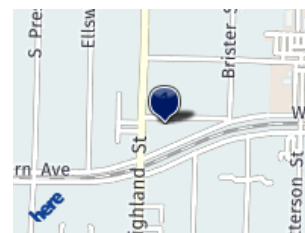


📷 by jeffreyyw ©

Brother Juniper's Restaurant

"Brother's Breakfast"

An Eastern Orthodox Priest runs this unassuming restaurant. It is often difficult to find a table, but worth the wait. Try the huge, fluffy homemade rolls, both wheat and white. The omelets can be ordered with a variety of toppings including spinach, mushrooms and feta cheese. On the side, try the sautéed potatoes, which can be topped with black beans, Swiss cheese, green onions or salsa. The decor is simple with red and white checkered tablecloths and few pictures. There are two dining rooms or you may eat at the bar. Classical music makes this a pleasant place to start the day.



📞 +1 901 324 0144

🌐 brotherjunipers.com/

✉ info@brotherjunipers.com

📍 3519 Walker Avenue, Memphis TN

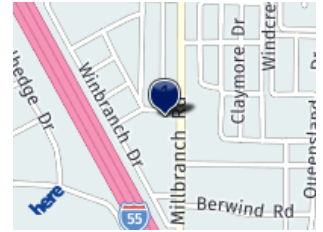


by aFridayinApril

Uncle Lou's

"Quality Fried Chicken"

Synonymous with great fried chicken, Uncle Lou's is a local favorite. Featured on multiple TV shows and magazines, this no-frills eatery is all about the food. The signature fried chicken smothered in their secret sweet and spicy sauce is a must try. The chicken here comes in two types - homestyle and sweet spicy love sauce - and both are equally delicious! Consistently good food, friendly and prompt service, and a straightforward dining concept have kept Uncle Lou's at the top of the list of Memphis eateries for years. Whether you dine in or grab-and-go, this fast food joint is big on flavor and low on cost, the perfect combination.



+1 901 332 2367

unclelousfriedchicken.com/

unclelousfriedchicken@yahoo.com

3633 Millbranch Road, Memphis TN

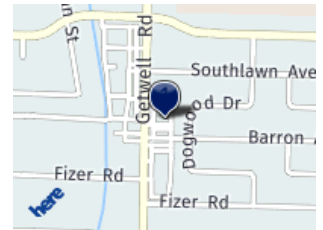


by "Brett Jordan on Unsplash" on Unsplash

Ching's Hot Wings

"Affordable Eatery"

This casual eatery is a fast favorite on the Memphis dining scene and counts celebs like Drake among its eclectic clientele. It offers succulent chicken wings, tastefully prepared with their own secret spices. Choose from a variety of flavors from the classic hot wings to lemon pepper, honey hot, dry hot, and extra hot. From mild to smoking hot, Ching's caters to every palate. Besides wings, the eatery also serves other favorites like smoked sausages, fried okra, chicken tenders, and jalapeno poppers. Wash it all down with a classic sweet iced tea or opt for a Memphis special, the Blue Drink. Catering is available for parties and events.



+1 901 743 5545

chingshotwings.com/

chingshotwings@yahoo.com

1264 Getwell Road, Memphis TN

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