

"Best Gyms in San Diego"

Created by: Cityseeker

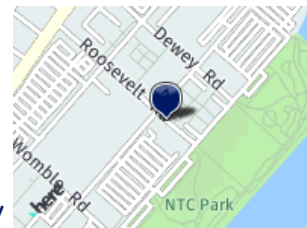
📍 6 Locations Bookmarked



Bar Method San Diego

"A Challenging Workout"

Bar Method San Diego offers classes in this unique form of exercise that sculpts the body and improves posture. Classes take place mostly at a ballet bar and on the mat. The studio is beautifully decorated with hardwood floors and earth-toned accents. It has a spa-like ambiance. They conveniently offer classes seven days a week.



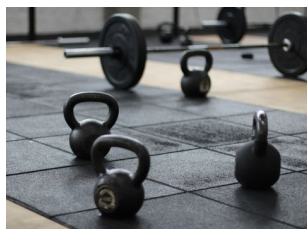
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📞 +1 619 226 2301

🌐 pointloma.barmethod.com/

✉ allisonmccurdy@barmethod.com

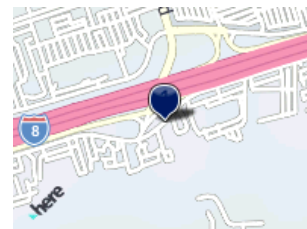
📍 2751 Roosevelt Road #200, San Diego CA



Chuze Fitness

"Choose to Get Fit!"

Chuze has everything you need to get fit. Membership here gets you access to dozens of pieces of equipment as well as tanning beds and HydroMassage, which gives you a full-body massage with a travelling jet stream. The atmosphere is welcoming, so people at any fitness level can feel comfortable here.



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📞 +1 619 297 7000

🌐 chuzefitness.com/gym-locations/ca/mission-valley/

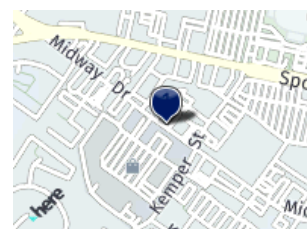
📍 1233 Camino Del Rio South, San Diego CA



Victory MMA and Fitness

"Fun And Fitness"

If you're tired of places that focus more on matchmaking than fitness and just want a good workout, this is the place to be. The atmosphere is fun and friendly with great customer service, and you can always try the facilities for free if you are not sure. No pressure or hassle, the staff just helps where you need it. The gym offers everything from a cardio and free weight center, to circuit and personal training, to aerobics, Jiu Jitsu, MMA and more.



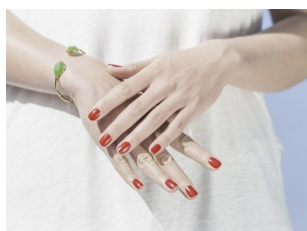
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📞 +1 619 223 5581

🌐 www.victorygyms.com

✉ leads@victorygyms.com

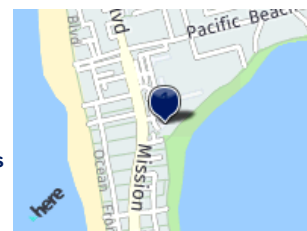
📍 3666 Midway Drive, San Diego CA



The Catamaran Spa

"Indulge Yourself"

The Catamaran Spa, within the Catamaran Resort Hotel, is a haven for tired bodies and stressed minds. Take time out from your hectic schedules to luxuriate for an ethereal experience. Having a bad hair day? Try the Catamaran cocktail hair treatment with aromatherapy and bid adieu to split ends and say hello to silky tresses. Massages, manicures, pedicures, you name it and they have a deft and pleasant staff to take care of all your beauty needs. The special spa and stay packages are also worth a try.



📷 by Public Domain 

📞 +1 858 539 8820

🌐 www.catamaranresort.com/spa-overview

📍 3999 Mission Boulevard, Catamaran Resort Hotel Spa, San Diego CA

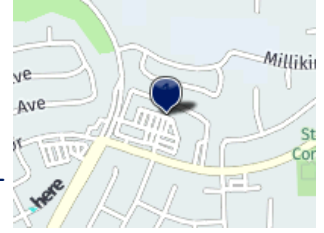


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Beauty Kliniek

"Royal Treatment"

A day spent at this spa for men and women is a day well spent. Pamper yourself with the many treatments available here. Some of the treatments include a soak in the thalassotherapy tub, the therapeutic massage, micro-dermabrasion, Ayurvedic therapies, botanical facials or salt glows (guaranteed to leave you feeling like a new person). Treatments designed especially for men include the sports hydro bath, executive facial, hot oil scalp treatment and basic pedicure. This is a great place to escape the hectic world outside and treat yourself to a truly tranquil experience.



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www.beautykliniek.com

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3282 Governor Drive, San Diego CA

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