

"Best Health/Organic Food Restaurants in Vancouver"

Created by: Cityseeker

📍 5 Locations Bookmarked

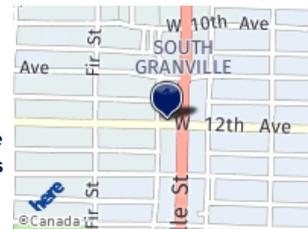


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Heirloom Vegetarian

"Vegetarian Recipes & Fruity Cocktails"

Heirloom Vegetarian has gained critical acclaim in the media as one of the best vegan and vegetarian restaurants in Canada. This restaurant believes in fair trade practices and only uses organic ingredients in its cuisine. It offers brunch, lunch and dinner and its menu includes dishes like Miso Brasca, Polenta Yam Fries, Root Veg Nacho Grande, Taco Salad, Soba Green Curry and West Indian Skillet. Your meal is complemented by cocktails like Daiquiri, the Prosecco and pink grapefruit-infused Orchid, and The Bourbon with honey.



📞 +1 604 733 2231

🌐 www.heirloomrestaurant.ca/

✉ info@heirloomrestaurant.ca

📍 1509 West 12th Avenue, Vancouver BC



📷 by auntmasako ©

Cafe Deux Soleils

"Savory Delights"

Cafe Deux Soleils is popular with the local residents as a family joint. There are special tables laid out for children where they can play or put pieces of a puzzle together as they munch on their meal. The eatery is popular for its vegetarian preparations and brunches among other delicacies. Sip on a coffee as you attend a storytelling session or enjoy poetry slam at their literary events. The café regularly plays host to a number of live gigs ranging from acoustic, folk, and pop to Latin and other genres. A friendly staff and moderate prices further bolster the charm of the establishment.



📞 +1 604 254 1195

🌐 www.cafedeuxsoleils.com/

✉ jeff@cafedeuxsoleils.com

📍 2096 Commercial Drive, Vancouver BC



📷 by Ruth Hartnup ©

The Naam

"Healthy Vegetarian Food"

If a vegetarian could spend eternity in Utopia, he or she would probably live at The Naam. Opened in 1968, this homey place in Kitsilano features live music, a private patio, and an extensive, healthy menu. Fulfill your veggie fantasies with items like Popeye Pita Pizza, complete with spinach, onions, feta and mushrooms. Sample ethnic specialties or old standards like veggie and tofu burgers. This hugely popular eatery does not accept reservations, so make sure you get there well before time.



📞 +1 604 738 7151

📍 2724 West 4th Avenue, East of McDonald Street, Vancouver BC



Aphrodite's OrganicCafe & Pie Shop

"Experience Organic Food"

If you want to experience delicious, organic food at its best, then Aphrodite's Organic Cafe & Pie Shop is the place for you. The restaurant offers seasonal dishes as per local produce that is available. Their ever-changing menus consist of a variety of vegetarian and vegan options and their each dish served here is made from completely organic produce. You can either go for their house seating or try the outside patio seating during warm summer afternoons.

+1 604 733 8308

info@organiccafe.ca

3598 West 4th Avenue, Vancouver BC

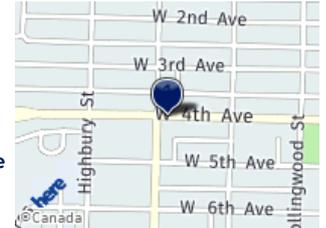


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La Quercia

"Taste of Italy"

Freshness is the focus at La Quercia, where the small but ever-evolving menu focuses on the best of the season. Everything from the pastas to the risottos are made in-house and to-order at this cozy Italian eatery on the edges of the Kitsilano neighborhood. In a world of mom-and-pop pasta shops, La Quercia serves up generous portions of the authentic Northern Italian cuisine you wish you could find more of. Start with the parmesan soufflé or a first course of spaghetti with smoked pork cheek. Not in the mood for pasta? The duck breast and roasted veal sirloin are sure to please. The extensive wine list is based on Italian selections.



+1 604 676 1007

www.laquercia.ca/

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3689 West 4th Avenue, Vancouver BC

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