

## "Best Beauty Treatments in Tokyo"

Created by: Cityseeker

 5 Locations Bookmarked



 by nnoeki 

### The Spa at Mandarin Oriental

"Beautiful Views, Top Treatments"

Situated high up on the 37th floor is The Spa at Mandarin Oriental, a fusion of the best of Eastern and Western treatments, all in a setting of utmost luxury. There are nine treatment cabins - from five of these you can bask in gorgeous views of Tokyo, including (on clear days) Mt. Fuji. There's also a whirlpool path, a dry sauna, and a range of smiling professionals all ready to induce you into a state of complete relaxation. Priority is given to those with reservations so be sure to call ahead.



 +81 3 3270 8300

 [www.mandarinoriental.com/tokyo/spa/](http://www.mandarinoriental.com/tokyo/spa/)

 [motyo-spaconcierge@mohg.com](mailto:motyo-spaconcierge@mohg.com)

 2-1-1 Nihonbashi Muromachi, Chuo City, Mandarin Oriental, Tokyo



 by TesaPhotography 

### Peninsula Spa

"Rejuvenate Yourself"

Tokyo is a city buzzing with lots of fun, shopping and sightseeing. If you need to relax after a tough day of business traveling, then how about ending it in a hot bath tub at a spa? If this sounds good to you, then visit the Peninsula Spa at The Peninsula Tokyo Hotel. The spa offers many specialty services like Aromatherapy and Volcanic Stone Massage. Treatments include a fusion of European, Asian and Ayurvedic philosophies, combined with modern treatment skills. The spa features eight treatment rooms with separate changing rooms, saunas, steam rooms, lifestyle showers, ice fountains and relaxation areas. If you have a day to spare, then the Full Day Spa Journey is certainly worth it.



 +81 3 6270 2299

 [www.peninsula.com/en/tokyo/wellness/luxury-hotel-spa](http://www.peninsula.com/en/tokyo/wellness/luxury-hotel-spa)

 [spatpk@peninsula.com](mailto:spatpk@peninsula.com)

 1-8-1 Yurakucho, Peninsula Tokyo Hotel, Tokyo

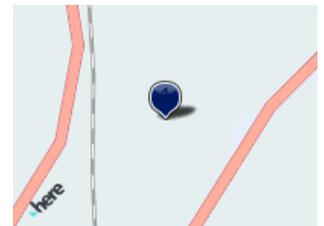


 by TesaPhotography 

### Mandara Spa at the Royal Park Shiodome Tower

"A New Standard of Luxury"

The Mandara Spa, located at the Royal Park Shiodome Tower hotel, offers skin enhancing facials and body massages from the French skin care brand Decleor. The spa merges ancient Japanese rituals of bathing with modern equipment and technologies. The spa offers a deluxe spa suite and separate relaxation lounges for men and women. One treat is the special massage, which is a blend of five styles, where two therapists synchronize and completely transport you into a relaxed state. The place is famous for its personalized aromatherapy treatments.



 +81 3 6253 1180

 [mandaraspa.tokyo/english/](http://mandaraspa.tokyo/english/)

 [infoasia@mandaraspa.com](mailto:infoasia@mandaraspa.com)

 1-6-3 Higashi-Shinbashi, Minato City, Royal Park Shiodome Tower, Tokyo

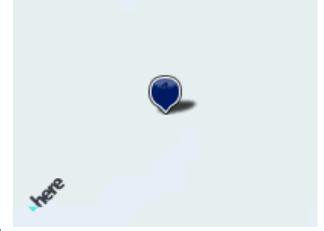


by nnoeki

## ESPA at The Ritz-Carlton, Tokyo

### "Relax & Rejuvenate"

Perched on the 46th floor of the The Ritz-Carlton, Tokyo, ESPA is known for offering a complete package for mental and physical well being. This spa offers specialty spa treatments that will leave you rejuvenated. From the various body wraps that nourish your skin or specialty massages to soothe those aching muscles, ESPA has a lot to offer. The treatments here include several Ayurvedic therapies with influences from the east and Europe, while the ingredients used here are sourced from an Australian brand and promise a chemical-free treatment. The spa features a fitness room which is well-facilitated with modern gym equipment and is a great spot to burn those extra calories away. So, take a break from your regular schedule and pamper yourself with a self-indulgence session at ESPA.



+81 3 6434 8813

[www.ritzcarlton.com/en/hotels/japan/tokyo/spa](http://www.ritzcarlton.com/en/hotels/japan/tokyo/spa)

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