

## "Best Spas in Lausanne"

Créé par: Cityseeker

📍 4 Emplacements marqués

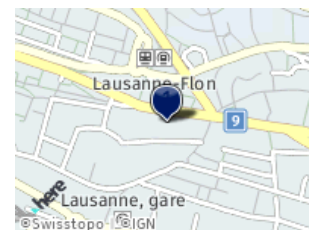


📷 by nnoeki ©

### CBE Concept Spa

#### "Marvel of Tranquility"

This upscale spa inside one of Lausanne's most sophisticated hotels is a great place to find tranquility, for a price. The pool recalls a Pompeian villa, with an undulating glass ceiling, Romanesque pillars, recliners, and kitschy frescoes. Some of the most exclusive amenities are a circular copper bath, a Moroccan steam room, and an indulgent sauna. Treatments are based on Indian Ayurveda, and guests can retire to luxurious rooms for stone and warm candle wax massages, Thai foot massages, and the usual assortment of facials, skin treatments, and manicures. The spa is set apart by its light-filled rooms and soothing aesthetics, which are a marvel to behold.



☎ +41 21 331 31 31

🌐 [www.lausanne-palace.com/uk/cbe-concept-spa.php](http://www.lausanne-palace.com/uk/cbe-concept-spa.php)

✉ [reservation@lausanne-palace.ch](mailto:reservation@lausanne-palace.ch)

📍 Rue du Grand Chêne 7-9, Lausanne

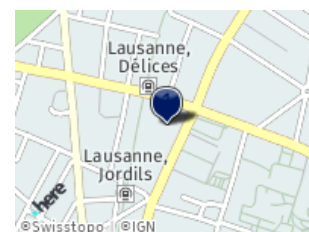


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### Spa du Royal

#### "Sunlight & Water"

This large and luxurious spa inside the magnificent Swiss Art Nouveau Hotel du Royal offers a complete range of facilities including a sauna, hot and cold plunge pools, ice fountains, a steam room, whirlpool, 'experience' showers, a heated outdoor pool, an indoor pool with a flowing current, and several relaxation zones. There is also a 'ladies only' spa which includes a bio room and plunge pool. A phone, camera, and smoke-free zone, the spa is an impressive place to relax, and revel in water, sunlight, and a luxurious treatments and massages. A private spa is also available for special events.



☎ +41 21 614 88 32

🌐 [www.royalsavoy.ch/en/the-spa/spa-guide](http://www.royalsavoy.ch/en/the-spa/spa-guide)

✉ [spa@royalsavoy.ch](mailto:spa@royalsavoy.ch)

📍 Avenue d'Ouchy 40, Lausanne

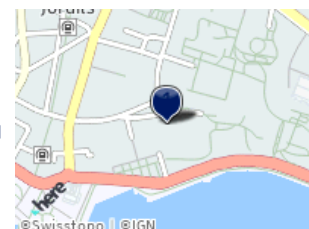


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### Cinq Mondes Spa

#### "Worldly Spa"

This luxurious spa located inside the beautiful Hotel Beau-Rivage is based on the concept of providing the best massage and beauty treatments the world has to offer. Treatments for couples, called "Bliss for Two," are quite popular, and give visitors access to a Japanese double bath, two table massages, a private Turkish bath, and some time to relax in a lovely private garden. The treatments do seem to take cues from around the globe, with options like a "Balinese Princess Ritual," a "Taoist Ritual," and a Japanese "Ko Bi Do Ritual." A fitness suite overlooking Lac Léman is also home to a resident nutritionist and personal trainer. A sauna and tennis courts round out the facilities.



☎ +41 21 613 33 67

🌐 [www.brp.ch/en/cinq-mondes-spa/cinq-mondes.html](http://www.brp.ch/en/cinq-mondes-spa/cinq-mondes.html)

✉ [cinqmondes@brp.ch](mailto:cinqmondes@brp.ch)

📍 Chemin de Beau-Rivage 21, Lausanne

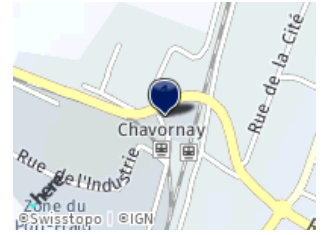


by nnoeki

## Oasis Spa Centre Wellness

### "Kitschy & Fun"

This spa inside what looks like an office building or hotel off the highway between Lausanne and Lac de Neuchatel is surprisingly well-outfitted. Visitors will find all the contemporary spa standards, including massages of all kinds, a hammam steam room, saunas, Jacuzzis, and a beautiful gym. A relaxation room is equipped with lounge chairs and usually has soothing music playing. Three themed private rooms are a bit unexpected. Try the 'Moonlight Room', with a hot tub under a false but convincing night sky, or the 'Bora Bora,' where it is somehow possible to step into a tropical atmosphere in the middle of Switzerland. It's kitschy and fun.



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[www.oasis-wellness.ch/](http://www.oasis-wellness.ch/)

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