

"Best Gyms in Barcelona"

Créé par: Cityseeker

📍 4 Emplacements marqués



📷 by jerryonlife ©

Áccura Bruc

"Wellness Center Promoting Health & Fun"

Áccura Bruc, located in the heart of L'Eixample, is a full fledged health and wellness facility which provides the locals with several benefits like swimming pool, sauna, gym and much more. Truly following its philosophy of maintaining good health while having fun, it also has a number of group activities such as pilates, zumba and yoga classes for kids as well as adults. Moreover, Áccura Bruc also provides for a massage section to relax after a healthy workout, therefore making it a complete health club.

☎ +34 93 208 2200

🌐 www.clubsaccura.es/barcelona-bruc/

✉ info.bruc@accura.es

📍 Carrer Bruc 122, Barcelone



📷 by alantankenghoe ©

Metropolitan Sagrada Familia

"Temple of Fitness"

Spanning a mammoth 8000 square meters (86111 square feet), this expansive club in Eixample is one of the most comprehensive fitness centers in the city. Metropolitan Sagrada Familia is equipped with state-of-the-art facilities including separate rooms for weight-training and cardio as well as studios for pilates and yoga. Exclusive personal training studios offer much-needed privacy for those who desire it. Besides this, there's a swimming pool, a beautiful rooftop solarium as well as a full-service spa on-site. From aqua-aerobics and cycling to running and tai-chi, the club offers a whole lot of activities. Experienced trainers are on-hand to assist you through your regime. Check website for more.

☎ +34 93 507 3325

🌐 www.clubmetropolitan.net/gimnasio/barcelona/sagrada-familia

✉ recepcion.sfamilia@clubmetropolitan.net

📍 Carrer de Provença 408, Barcelone



📷 by thefork.com

Bonasport

"The Fun Way to Fitness"

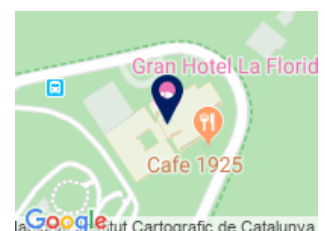
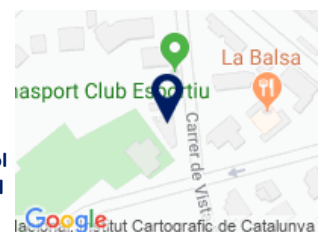
An impressive sports club, Bonasport has everything to make a sports-addict happy- clean fitness rooms, tennis courts, swimming pool, whirlpool as well as training classes for children and adults. Work out your body and tone the muscles with a dose of pilates or enroll for zumba and aqua training. There is a fully-furnished sauna, steam room and a soothing jacuzzi to rest the tired muscles, or one can use the spa for some relaxing massages. Beauty treatments are also offered here.

☎ +34 93 254 1500

🌐 www.bonasport.com/

✉ info@bonasport.com


📍 Carrer de Vista Bella 11, Barcelone



Zen Zone Spa

"Zone of Calm"

If all that sightseeing around the beautiful area of Tibidabo has left you exhausted, Gran Hotel La Florida provides you with just the recipe for rejuvenation. At Zen Zone Spa, the therapists strive to achieve just one goal: to help you reach a state of zen-like calm. Whether you want to achieve your peaceful state through Middle-Eastern style treatments or through Indian influenced techniques is completely up to you; no matter what you choose, complete relaxation is guaranteed.

 +34 93 259 3064

 www.hotellaflorida.com/pool-wellness

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