

"Best Yoga Centers/Studios in Calgary"

Gecreëerd door : Cityseeker

📍 4 Locaties in uw favorieten



📷 by Mr. Yoga ©

📞 +1 403 277 3058

Yoga Passage

"Passage to Relaxation"

Breathe, twist and stretch yourself to relaxation at this Downtown yoga studio. Yoga Passage is a place where you can familiarize yourself with the many varieties of yoga at very reasonable rates. Many useful workshops, like the prenatal workshop, designed to prepare women for the process of childbirth, are organized here. If simply yoga is not enough, you could sign up for a massage for complete relaxation.

🌐 www.yogapassage.ca/

✉ yogapassage@shaw.ca

📍 524 11 Avenue South West, No. 200, Calgary AB



📷 by adifansnet ©

📞 +1 403 270 0219

Bodhi Tree Yoga Centre

"Exploring the World of Yoga"

Opening the world of ancient yoga regimes to patrons, the Bodhi Tree Yoga Centre is a popular yoga studio in the city. It offers a variety of yoga practices including Hot Yoga, Pre and Post Natal Yoga, seniors Yoga, Yoga Nidra and Yin and Yang. The teachers are well-trained and support the patrons on their path to fitness. Apart from that, the yoga practices also rid you of stress, anxiety and other maladies.

🌐 www.bodhitreeyoga.ca/

✉ info@bodhitreeyoga.ca

📍 821 14 Street Northwest, Hillhurst, Calgary AB



📷 by jerryonlife ©

📞 +1 403 686 9642

Hot Yoga On 17th

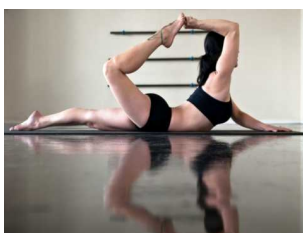
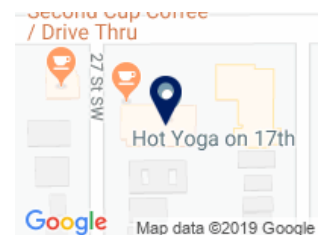
"Eco-Friendly Yoga Studio"

One of the most highly acclaimed yoga centers in the city, the Hot Yoga on 17th is a wonderful retreat for patrons. It offers eco-friendly studios to practice the ancient art of yoga. There is ample fresh air and heating within the rooms that are built with clay and other natural materials. The flooring is ergonomic and patrons use yoga mats for their exercises.

🌐 hotyogaon17th.com/

✉ info@hotyogaon17th.com

📍 2749 17th Avenue Southwest, Calgary AB



📷 by Robert Bejil Photography

📞 +1 403 686 3240

Calgary Hot Yoga

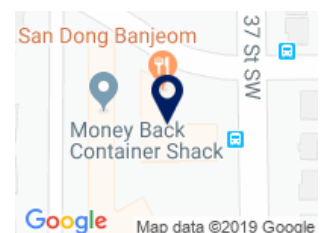
"Enjoyable Yoga Lessons"

Calgary Hot Yoga offers a rigorous routine of 26 asanas or exercises that are sure to guide you to good health. The exercises help increase the blood flow and bring your breathing in order. Increase the flexibility of your joints and muscles and allow the poses to invigorate your body and remove any impurities from your body system.

🌐 www.calgaryhotyoga.com/

✉ info@calgaryhotyoga.com

📍 3803 26 Avenue Southwest, Glenbrook, Calgary AB



Algemene voorwaarden

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