

"Best Yoga Centers/Studios in Washington DC"

Gecreëerd door : **Cityseeker**

📍 3 Locaties in uw favorieten



Flow Yoga

"Flow to Your Fullest Potential"

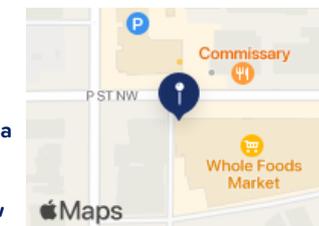
Flow Yoga is a favorite among those who like to strike a pose. Known as a spiritual center for those seeking balance and spiritual enlightenment, Flow Yoga offers classes seven days a week for all levels and genres of yoga. Workshops and spiritual retreats are offered monthly, and the Flow store offers eco-friendly yoga gear and accessories to transform your inner yogi.

📷 by www.localfitness.com.au

📞 +1 202 462 3569

🌐 www.flowyogacenter.com/

✉ care@flowyogacenter.com



📍 1450 P Street Northwest, Washington DC



Dupont Circle Yoga

"Classical Yoga Studio"

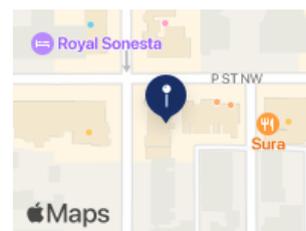
Based on the Iyengar yoga philosophy, this yoga studio offers a wide range of classes to suit any needs. There are classes for all skill levels, including sessions on asanas. The expansive studio, done up in earthy tones, with exposed-brick is a historic space and offers a perfect, calm setting. There are numerous workshops on offer for yogis wanting to take their practice to the next level.

📷 by StockSnap

📞 +1 202 642 2603

🌐 www.dupontcircleyogadc.com/

✉ info@dupontcircleyogadc.com



📍 2032 P Street Northwest, Washington DC



The Spa Room

"All Your Beauty Needs in One Place"

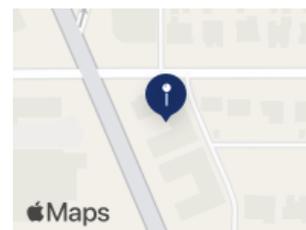
Created as a wellness center, this day spa caters to your every need, from head to toe, body and soul. From crafting beauty regimens for you with luxurious products, to working out those knots and kinks, to deep breathing practices in a yoga session, The Spa Room is unlike any other day spa in the Tenleytown area. Bodywork ranges from aromatherapy massages, deep tissue, Swedish, prenatal, sports and reiki. Specialty services include the Feldenkrais Method for body soreness and tightness, and Craniosacral Therapy for stress tension. Packages, classes and workshops round out the wellness menu for this one-of-a-kind spa.

📷 by andreas160578

📞 +1 202 241 6095

🌐 sparoommassage.com/

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📍 4115 Wisconsin Avenue Northwest, Suite 102, Washington DC

KIJK MET ONS MEE:
cityseeker.com