

## "Best for Couples in Montreal"

Criado por : Cityseeker

📍 6 Localizações indicadas



📷 by Zenspa1 ©

### Rainspa

"For Complete Relaxation"

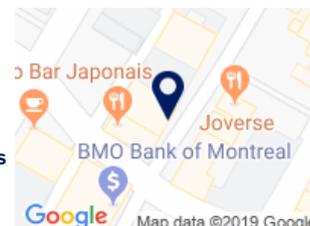
Head down to Rainspa to get rid of all your body aches and tensions. The ambiance is soothing thanks to the interiors done in light aqua colors. This modern spa offers an array of therapies including facials, massotherapy, aesthetics, detoxifying body wraps and even a slimming program. It blends ancient techniques with the latest technology and products for customer needs. It also has a Hammam which is the traditional Middle Eastern Bath in warm, fragrant waters. Call ahead to know more.

☎ +1 514 282 2727

🌐 [www.rainspa.ca/](http://www.rainspa.ca/)

✉ [info@rainspa.ca](mailto:info@rainspa.ca)

📍 55 rue Saint-Jacques, Montreal QC



📷 by Unique Hotels Group ©

### Scandinave Les Bains Vieux-Montréal

"Water Cares for You"

Scandinave Les Bains Vieux-Montréal uses traditions from Scandinavia for skin rejuvenation. Come here and spend a day of relaxation, get healed by water and discover the peace in nothingness by clearing your mind of all the tensions and worries. After a week of hard work, you deserve a few hours of tranquility at this unique spa which provides skin treatments and massages with the use of water. If you are a visitor in this city, take a break from your sightseeing escapade and spend sometime at the Scandinave Les Bains Vieux-Montréal for an unforgettable experience.

☎ +1 514 288 2009

🌐 [www.scandinave.com/en/montreal/](http://www.scandinave.com/en/montreal/)

📍 71 Rue de la Commune Ouest, Montreal QC



📷 by tinyfroglet ©

### Bota Bota Spa-sur-l'eau

"Unwind and Relax"

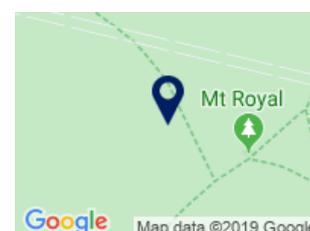
Unwind at the Bota Bota Spa, a real treat for your senses. Interestingly located on a boat on the St. Lawrence river, the spa couples the energizing effect of the herbs and creams with pure air and soothing rhythm of the river. Along with invigorating spas, it also offers sauna, whirlpools and steam massages. The boat has a terrace as well as a dining area. Book a session to give yourself a chance to experience sheer bliss.

☎ +1 514 284 0333

🌐 [www.botabota.ca/](http://www.botabota.ca/)

✉ [info@botabota.ca](mailto:info@botabota.ca)

📍 358 rue de la Commune Ouest, Quais du Vieux-Port de Montréal, Montreal QC



## Mount Royal Park

### "Urban Natural Setting"

Frederick Law Olmsted, of Central Park fame, designed Mount Royal Park. It is easy to forget that you are in the middle of a huge metropolis when walking or cross-country skiing on the park's many well-signposted trails: chief downtown access points are from Parc Jeanne-Mance and Drummond Street, just west of Royal Victoria Hospital. Beaver Lake features skating, tobogganing, and even a small ski hill and chairlift, while Mount Royal Cemetery is one of the continent's largest.

+1 514 843 8240

[www.montreal.com/parks/mtroyal.html](http://www.montreal.com/parks/mtroyal.html) [info@lemontroyal.qc.ca](mailto:info@lemontroyal.qc.ca)

1260 Remembrance Road, Montreal QC



by Unique Hotels Group

## Espace Nomad

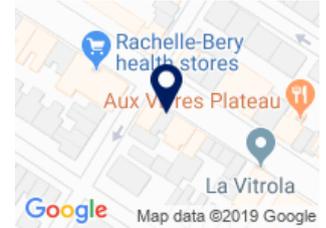
### "Head-to-toe Pampering"

Espace Nomad promises a rejuvenating retreat away from the city bustle. The spa has all kinds of traditional Swedish massages from hot stone massage to deep tissue massage, apart from the standard prenatal massages and head massage. It runs membership programs for locals who wish to experience its tranquil atmosphere and quality services. There are remedial treatments offered like acupuncture, reflexology, and reiki etc at Espace, while it is also into selling of natural organic products which can also be purchased online.

+1 514 842 7279

[www.espacenomad.ca/fr/massage-spa-espacenomad.php](http://www.espacenomad.ca/fr/massage-spa-espacenomad.php) [info@espacenomad.ca](mailto:info@espacenomad.ca)

4650 Saint-Laurent Boulevard, Montreal QC



by Smudge 9000

## Montreal Botanical Garden

### "Veritable Oasis"

Every season at the Jardin Botanique de Montréal (Montréal Botanical Gardens), you'll be captivated by the colors and fragrances of flowers and plants as you move from garden to garden, many inspired by different parts of the world. Explore the Sonoran desert, wander into the Chinese or French Garden, and finally relax in the tranquility of the Japanese Garden. The Montreal Botanical Garden contains 12,000 plant species and cultivators, ten exhibition greenhouses, about 30 thematic gardens and a large arboretum.

+1 514 872 1400

[espacepouirlavie.ca/jardin-botanique](http://espacepouirlavie.ca/jardin-botanique) [jardin\\_botanique@ville.montreal.qc.ca](mailto:jardin_botanique@ville.montreal.qc.ca)

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[cityseeker.com](http://cityseeker.com)